LIVING WELL... AGEING BETTER
2014 Seniors Festival Community Event

Hear from the experts:
• Ageing well: a holistic perspective
• Local resources that keep you connected and healthy
• Managing your finances for the long term.

Forum host Roland Naufal is one of Australia’s leading experts in ageing well

Date: Tuesday 21st October
Time: LUNCH 12.00pm - 1.00pm
       Soup and Crusty Bread
       (Lunch cost $5.00)
       WORKSHOP 1.00pm - 3.00pm
Venue: Healesville Senior Citizens Club
       18 Green Street, Healesville
Bookings: 0419 697 022 or 5962 1150

PRESENTED THANKS TO THE SUPPORT OF

VICTORIAN SENIORS FESTIVAL
IT’S YOUR TIME
OCTOBER 2014

Yarra Ranges Council

4C Consulting
**Victorian Seniors Festival**

**Welcome to the Victorian Seniors Festival in Yarra Ranges!**

This annual Festival brings the community together to celebrate the contributions that our seniors have made and continue to make to the Yarra Ranges community and it is an opportunity for older people to share their achievements with people of all ages.

The Festival highlights the benefits of ageing well and keeping active, healthy and involved in the broader community. It is a wonderful opportunity for seniors in our community and their families and friends to take part in some of the many diverse, exciting and enjoyable events and activities that are being held locally.

The Festival offers a month-long program of events, including concerts, information expos, sporting opportunities and more, supported and provided by local clubs, groups, services and businesses.

Yarra Ranges Council is committed to promoting healthy and active ageing and making Yarra Ranges an age-friendly community – one that supports older people and provides them with opportunities to contribute and participate.

This year, we are encouraging seniors to try something new, be adventurous, have fun and explore the Yarra Ranges. We hope that you take advantage of some of the great opportunities on offer during the Festival.

I look forward to celebrating with you at the events and activities during the 2014 Victorian Seniors Festival in the Yarra Ranges.

Enjoy getting out and about!

Fiona McAllister
Mayor
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Free Public Transport

Sunday 5th October – Sunday 12th October 2014

Metro area
Eight days free travel on trains, trams and buses. Includes V/Line train services to Melton.

Regional area
Eight days free travel on regional town buses. Make use of your free travel wherever you are.

Ararat                  Geelong                  Rochester
Bacchus Marsh          Hamilton                  Sale
Bairnsdale             Horsham                   Seymour
Ballarat               Kilmore                   Shepparton/Mooroopna
Beaufort               Korumburra                 Stawell
Bellarine Peninsula    Kyneton                   Swan Hill
Benalla                Lakes Entrance             Traralgon
Bendigo                Maryborough               Wangaratta
Cobram                 Mildura                   Warragul
Colac                  Moe                       Warrnambool
Drouin                 Morwell                   Wodonga
Echuca/Moama           Portland                  Wonthaggi

V/Line travel and booking tips
Book early on reserved services. Bookings for the festival’s free travel on reserved V/Line services open on Tuesday 9 September at 10:00am.

Free travel applies to economy class only. For first-class travel, normal concession fares apply.

If you have a booking but you find you are unable to travel, let us know as soon as possible so the ticket can be given to someone else.

If you are planning to travel in groups of 12 or more, call V/Line to ensure seats will be available. Limits to group travel may apply if space is not available. Please call 9619 2338 after 10:00am on Tuesday 9 September to book.

You can book one return journey for up to four Victorian Seniors Card holders. Confirm your entire journey at the time of booking to avoid disappointment. Tickets must be collected no later than 48 hours after you book.

Free travel is not available on the Overland, Sydney XPT, Speedlink, Canberra Link, interstate destinations on the Daylink, Capital Link or Sapphire Coast Link.
**Mooroolbark Baptist Church**

**Midweek Service and Lunch for all**

Mooroolbark Baptist Church  
153-157 Hull Road  
Mooroolbark 3138  
mbc.org.au

Wednesday 1st October  
11.00am - 1.30pm  
A gold coin donation for lunch  
9725 3700  
office@mbc.org.au

This is joyful, inspiring, special Mid-week Service with a large number of senior adults followed by a welcoming catered lunch.

**Badger Creek and District Men’s Shed Inc**

**Men’s Shed - Meeting Room & Workshop**

CFA Badger Creek  
360 Badger Creek Road  
Badger Creek 3777

Monday 6th October - Friday 10th October  
9.30am - 4.00pm  
Gold coin donation  
0427 663 754  
bradonubique@gmail.com
CFA

Free home fire safety sessions & tips to keep you fire safe!

Monbulk Senior Citizens
Monbulk Hub
Main Street Monbulk 3793

Upwey Senior Citizens Hall
6 Mahoney Road
Upwey 3158

www.cfa.vic.gov.au

Monbulk Senior Citizens Tuesday 7th October
Monbulk Hub
Main Street Monbulk 3793

Upwey Senior Citizens Hall Tuesday 14th October
6 Mahoney Road
Upwey 3158

www.cfa.vic.gov.au

Did you know…?

- You’re more than twice as likely to die in a fire if you don’t have working smoke alarms
- Over half of home fires are caused by cooking accidents

This informative session will provide you with some key tips to better prepare your home or place of residence from fire. Don’t leave it to chance. Topics include: Preventing fires in the home • Escape Plans • Kitchen fire safety • Electrical safety tips • Wood fires and heating

We can come to you
Call us to arrange a session for you and your community group a time and date that suits you.

Badger Creek Hall Committee of Management Inc.

Walk Around The Block

Badger Creek Hall
358 Badger Creek Road, next to CFA,
Badger Creek 3777

An easy stroll around the block commencing from the Hall through the streets of the housing estate and back to hall in time for lunch.
Badger Creek Hall Committee of Management Inc.

**Badger Creek Seniors Lunch**

Badger Creek Hall  
358 Badger Creek Road *next to CFA*  
Badger Creek 3777  
www.badgercreekhall.org.au

**Wednesday 8th October**  
11am - 2pm  
Free

03 5962 3639  
enquiries@badgercreekhall.org.au

Local Badger Creek Senior Residents invited to enjoy all that our community hall has to offer with a Special Lunch - cuppa on arrival. Join in a lunch of soup, bread & cake whilst socializing. Adjacent Mens Shed open for inspection. For catering purposes: Bookings essential. Optional 1 hour walk around the block commencing at 10am.

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**St. Thomas Anglican Church, Upper Ferntree Gully**

**St. Thomas Hymns of Praise**

St. Thomas church  
12 Mount View Road  
Upper Ferntree Gully 3156

Sunday 12th October  
3.00pm  
$5 donation suggested

9758 7960  
rex@ozonline.com.au or stthomasuftg@bigpond.com

Community Singing of favourite hymns with guest artists. Afternoon tea to follow.
Yarra Ranges Council

Puffing Billy Trip with Lunch, Entertainment & Activities

Yarra Ranges Council
Various offices see back page
of this brochure
1300 368 333

Wednesday 15th October
Depart 10am & return 2pm
$8.00

Tickets available via Council links offices - in person only on:
15th & 16th September: individuals (2 per person)
17th September: groups

Come for a trip in the steam mode of yesteryear through the forests, fern gullies and farmlands of the magnificent Dandenong Ranges. Travel on the iconic Puffing Billy from Belgrave. Linger for lunch & lively entertainment at Emerald Lake and return with memories of a wonderful day out.

All senior citizens from the Yarra Ranges are invited (proof of residence required)*.

Your ticket includes return travel plus lunch, entertainment & raffled prizes.

TRANSPORT - For information on public transport travel meeting spots and volunteer travel trainers contact us on the number below.

LIMITED MOBILITY CARRIAGE - One Puffing Billy coach will be available for people with mobility aids.

SAFETY NOTE: This event may involve walking in areas of uneven surface and/or negotiating stairs and steps. It is essential that those participating in this activity wear appropriate footwear and dress for all weather occasions as there is limited in-door shelter available for inclement weather.

* Puffing Billy seating for 300 passengers
### Eastern Regional Libraries

**Walk & Talk Around Montrose**

<table>
<thead>
<tr>
<th>Montrose Library</th>
<th>Mondays 20th October</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cnr Swansea &amp; Mt Dandenong Tourist Rds</td>
<td>10.30 to 12.30 approximately</td>
</tr>
<tr>
<td>Montrose 3765</td>
<td>Free</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:linda.dalziel@erl.vic.gov.au">linda.dalziel@erl.vic.gov.au</a></td>
</tr>
</tbody>
</table>

Join Jeanette from the Lilydale Historical Society on a leisurely walk down memory lane in Montrose. The walk will start from the Montrose Library at 10.30. Bookings are required.

### Belgrave South Community House

**Marvellous Memories over Morning Tea**

<table>
<thead>
<tr>
<th>Belgrave Heights and South Progress Hall</th>
<th>Monday 20th October</th>
</tr>
</thead>
<tbody>
<tr>
<td>127 Colby Drive</td>
<td>10.00 am - 12.00 pm</td>
</tr>
<tr>
<td>Belgrave Heights 3160</td>
<td>Gold coin donation</td>
</tr>
<tr>
<td><a href="http://www.bsch.org.au">www.bsch.org.au</a></td>
<td>9754 2274</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:bsch2@netspace.net.au">bsch2@netspace.net.au</a></td>
</tr>
</tbody>
</table>

Meeting, eating and sharing favourite moments, past and present. Bring along a photo or two that captures a special time in your life. This informal morning tea will be a walk down memory lane. Enjoy the local history display and just have a chat with friends both old and new.

### City of Knox

**Bridges Transport**

*Planned Activity Groups & Transport for frail aged & disabled residents of the City of Knox & Yarra Ranges*

<table>
<thead>
<tr>
<th>Bridges Connecting Communities</th>
<th>Ongoing</th>
</tr>
</thead>
<tbody>
<tr>
<td>City of Knox and Yarra Ranges</td>
<td>between $6 - $12</td>
</tr>
<tr>
<td>658 Mountain Hwy</td>
<td>9729 9499</td>
</tr>
<tr>
<td><a href="http://www.bridgescc.com.au">www.bridgescc.com.au</a></td>
<td><a href="mailto:info@bridgescc.com.au">info@bridgescc.com.au</a></td>
</tr>
</tbody>
</table>

Bridges supports frail aged and disabled residents of Knox with transportation with allied health appointments and activity groups. We also provide valuable weekly planned activity groups such as woodwork, craft, singing, exercises and more...
**Discovery Community Care**

**Emergency Relief**

The Chapel
42-44 Castella Street
Lilydale 3140
www.discoverycc.org.au

Monday, Wednesday and Friday
10.00am to 3.00pm
No cost
9739 6801
community.care@discoverycc.org.au

Our emergency relief provides support for you when you are in a time of crisis. We can assist you with a food hamper or voucher when you need extra help. We have fresh food and canned or packaged goods. We may assist you with meeting some medical needs or other essential items. Please visit us to find out how we can help you and your family. We care for you!

**Eastern Community Legal Centre**

**Free Legal Advice!**

Healesville Community Link
110 River Street
Healesville 3777
www.eclc.org.au

Mondays to Thursdays
9am - 5pm
Free
Healesville office 5962 1665, Boronia office 9762 6235

Free legal advice is available on a range of issues including seniors’ rights, elder abuse, fines and infringements, problems with neighbours and tenancy issues. Telephone 1300 79 70 88 for an appointment in Healesville, Yarra Junction, Lilydale or Boronia.

**Home Instead Senior Care Outer East**

**Quality In-Home Care**

Home Instead Senior Care Outer East
Suite 3 62-64 Main Street
Upwey 3158
suzanne.mcloughlin@homeinstead.com.au

We are a specialist, provider of high quality in-home care to enhance the lives of clients and their families. We help people with a range of personal care and lifestyle needs, while providing welcome companionship. We provide professional complimentary care consultation along with quality care services such as a meal preparation, light housekeeping, medication reminders, companionship, personal care, respite care and transport to appointments.
University of the Third Age - U3A

Combined U3A Membership across Yarra Ranges

U3A is a voluntary learning cooperative of older people that encourages members to share educational, creative and leisure activities. Membership is open to anyone in the ‘third age’ (retirement) and activities are organised by members by drawing on the skills of each other. Each U3As program is specific to the group and is developed from the interests of its members and the resources of its community.

Healesville & District U3A
Senior Citizens Centre
Cnr Green & River St Healesville
PO Box 1017 Healesville 3777
Ph: 5962 1990 or 5962 5351
E: healesville.u3a@bigpond.com

Mt Dandenong & District U3A
Operates at various locations
including Kalorama
PO BOX 37 Kalorama 3766
Ph: 9728 4431 or 0409 843 342
E: jiblenx@westnet.com.au

Sherbrooke U3A
Upwey Senior Citizens Centre
Mahoney St Upwey
PO Box 1153 Upwey 3158
Ph: 9754 3339 or 0419 508 780
E: office@sherbrookeu3a.org.au
W: www.sherbrookeu3a.org.au

Yarra Ranges U3A
George St Lilydale & Tower St Kilsyth
PO Box 557 Lilydale 3140
Ph: 9739 7605
E: rodneysmiles@hotmail.com
E: geoff8hughes@hotmail.com

Walmsley Village U3A
160 Greeves Dve, Kilsyth
Ph: 9723 6883
E: iordin@bigpond.com

Upper Yarra U3A
Operates at various locations
from Wandin to Warburton
Ph: 5966 6038 or 0468 360 599
E: vbd2@bigpond.net.au
W: www.upperyarrau3a.org.au

U3A Network Victoria
Support Officer
0413 079 394
E: dobson@alphalink.com.au
There are a number of Senior Citizens Clubs operating within Yarra Ranges. The Senior Citizens Centres and Clubs provide social and recreational opportunities for older people. Clubs operate as independent incorporated bodies activities are aligned to each club. Please call the individual clubs directly for further information.

- **Chirnside Park Senior Citizens Club Inc.**
  Community Centre
  Kimberley Drive, Chirnside Park 3116
  Meet Tuesday
  For information please call 9727 2243

- **Healesville Senior Citizens Club**
  18 Green Street, Healesville 3777
  Meet Tuesday
  For information please call 5962 5249

- **Kilsyth Senior Citizens Centre Inc.**
  The Bridge Community Garden
  49 Durham Road, Kilsyth 3137
  Meet Tuesdays
  For information please call 9725 5810

- **Lilydale Seniors Club**
  7 Hardy Street, Lilydale 3140
  Meet Wednesday
  For information please call 9735 4880

- **Circolo Pensionati Italiani di Lilydale**
  Lilydale Bowling Club
  Hardy Street, Lilydale 3140
  Meet Wednesday
  For information please call 9737 9491

- **Monbulk Senior Citizens**
  The Hub
  Main Street, Monbulk 3793
  Meet Tuesday
  For information please call 0413 397 382

- **Montrose Senior Citizen Centre**
  Town Centre
  Mount Dandenong Tourist Road, Montrose
  MEET Friday
  For information please call 9725 3752

- **Mooroolbark Senior Citizens Club**
  Brice Avenue, Mooroolbark 3138
  Main Club Day Thursday, Open Everyday
  For information please call 9726 7095

- **Olinda/Sassafras Senior Citizens Club**
  Olinda Community House
  79-81 Olinda Monbulk Road, Olinda 3788
  Meet Tuesday
  For information please call 9751 1264

- **Upwey Senior Citizens Club**
  Mahoney Street, Upwey 3158
  Meet Tuesday & Friday
  For information please call 0438 765 917

- **Wandin Senior Citizens Centre**
  401 Warburton Highway, Wandin North 3139
  Meet Tuesday, Thursday, Saturday
  For information please call 5964 3558

- **Warburton Senior Citizens Club**
  25A Dammans Road, Marburton 3799
  Meet Thursday & Saturday
  For information please call 5966 2249

- **Yarra Glen Senior Citizens Club**
  45 Anzac Avenue, Yarra Glen 3775
  Meet Tuesday
  For information please call 9730 2088

- **Yarra Valley over 50’s Friendship Club**
  Community Centre
  Kelso Avenue, Coldstream 3770
  MEET Monday & Friday
  For information please call 9739 0168

- **Limited Transport available**
### Health & Wellbeing

#### Inspiro

**Free Diabetes Risk Assessment**

<table>
<thead>
<tr>
<th>Group room 2</th>
<th>Tuesday 7th October</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 Clarke Street</td>
<td>2.00pm - 4.00pm</td>
</tr>
<tr>
<td>Lilydale 3140</td>
<td>Free</td>
</tr>
<tr>
<td>inspiro.org.au</td>
<td>9738 8801</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:hello@inspiro.org.au">hello@inspiro.org.au</a></td>
</tr>
</tbody>
</table>

Take a short and pain-free diabetes risk assessment test. By knowing your risk and talking to an Inspiro health professional, you can help delay or prevent the onset of Type 2 diabetes. Take control of your health and get more out of life!

#### Healthy Cooking Made Easy

<table>
<thead>
<tr>
<th>Group Room 2</th>
<th>Tuesday 7th October</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 Clarke Street</td>
<td>12.30pm - 2.30pm</td>
</tr>
<tr>
<td>Lilydale 3140</td>
<td>Cost $7.00</td>
</tr>
<tr>
<td>inspiro.org.au</td>
<td>9738 8801</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:hello@inspiro.org.au">hello@inspiro.org.au</a></td>
</tr>
</tbody>
</table>

A fun cooking demonstration led by our dietitian, to help seniors eat well. Participants can eat their freshly cooked lunch together during the session.

#### Tai Chi for Arthritis: an introduction

<table>
<thead>
<tr>
<th>Group Room 1</th>
<th>Thursday 9th October</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 Clarke Street</td>
<td>10:30am - 11:30am</td>
</tr>
<tr>
<td>Lilydale 3140</td>
<td>Free</td>
</tr>
<tr>
<td>inspiro.org.au</td>
<td>9738 8801</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:hello@inspiro.org.au">hello@inspiro.org.au</a></td>
</tr>
</tbody>
</table>

Learn more about the Tai Chi for Arthritis program, how it can improve your strength, flexibility and balance and reduce pain and stress. Join in some simple mind-body exercises to improve your wellbeing.
**U3A Upper Yarra**

**A Women’s and Men’s Health and Wellbeing Session**

Yarra Centre  
Warburton Hwy  
Yarra Junction 3797  
www.upperyarrau3a.org.au

Friday 10th October  
12 Noon to 4.00 pm  
Free  
5967 1702

Mon, Tues, Thurs, Fri from 9.00am to 1.00pm  
office@upperyarrau3a.org.au

How is our health progressing as we grow older? Take this opportunity to get the best advice from the Health and Wellbeing experts to make sure we make the most of lives.

**Belgrave South Community House**

**Stronger For Longer**

Belgrave South Community House  
Gilmore Court  
Belgrave South 3160  
www.bsch.org.au

Tuesday 14th October  
10.00 am - 12.00 pm  
Free  
9754 2274

bsch2@netspace.net.au

This exercise class for older adults will encourage strong posture, balance, heart health and a feeling of wellbeing. The social gathering after the exercise class is as valuable as the class itself.
Inspiro

10% off general dental services for Seniors card holders

Private Dental Clinic
17 Clarke Street
Lilydale 3140
inspiro.org.au

Valid for all bookings made now until 23rd December 2014
Mon - Fri: 8:30am - 5pm, Tuesdays until 8pm, Saturdays: 9am - 1:30pm
Our private dental fees are based on the Department of Veterans Affairs fees, which are very competitive
9738 8801
hello@inspiro.org.au

Seniors are offered 10% off general dental services until 23 December 2014. There is no waiting list for Inspiro’s private dental services, so call us now on 9738 8801 to book. We are also open Tuesday evenings and Saturday mornings.

Kadampa Meditation Centre Australia

Meditation & Buddhism Classes

Kadampa Meditation Centre Australia
25 McCarthy Road
Monbulk 3793
meditateinmelbourne.org

Wednesdays throughout October
11.00am-12.30pm
FREE
9756 7203
info@kadampa.org.au

Free Wednesday morning ‘meditation & Buddhism’ classes from 11am-12.30pm during the whole month of October. Dates: October 1, 8, 15, 22 & 29. The normal price is $14/class.
Yarra Ranges Regional Museum

**Uncovered: The Yarra Ranges Collection**

Yarra Ranges Regional Museum  
35 - 37 Castella Street  
Lilydale 3140  
Regional_Museum

Be guided by Surveyor-general Robert Hoddle, opera singer Dame Nellie Melba, artist Arthur Streeton and local resident Zola Janson as they reveal a selection of beautiful and significant objects from the Yarra Ranges Regional Museum Collection. Large and small, weird and wonderful, the objects in Uncovered will surprise, intrigue and delight.

TarraWarra Museum of Art

**TarraWarra Biennial 2014: Whisper in My Mask**

TarraWarra Museum of Art  
311 Healesville-Yarra Glen Rd  
Healesville 3777  

The TarraWarra Biennial was inaugurated in 2006 as a signature exhibition to identify new developments in contemporary Australian art practice under an experimental curatorial platform. The TarraWarra Biennial 2014: Whisper in My Mask, curated by Natalie King and Djon Mundine, is the fourth iteration of this signature event on the national exhibition calendar.
The Memo, Healesville

Assemblages (Kerryl Shirley)

The Memo
235 Maroondah Hwy
Healesville 3777

Saturday 20th September - Wednesday 15th October
Telephone (03) 5966 4500 Fax (03) 5966 9370
venueenquiries@yarraranges.vic.gov.au

Kerryl Shirley uses what other people discard. She is attracted by the qualities, shapes and patinas of the materials, collecting them to build relief and free standing sculptures. Through the play of form and colour, there is a transformation of ordinary objects such as oil cans, wood patterns, tin and wire into joyful assemblages while retaining the suchness of the original objects.

Yarra Ranges Council - Red Earth Theatre

The 39 Steps

Mooroolbark Community Centre
125 Brice Ave
Mooroolbark 3138
ach.yarraranges.vic.gov.au/ach/Home

Tuesday 7th October
2:00pm
$18 Single or 3 for $36 (3’s Company Special)
9726 5488
mcc@yarraranges.vic.gov.au

Based on the 1935 Hitchcock spy thriller, this side-splitting comedy features over a hundred characters in a whirlwind of adventure played by four actors. Three’s Company Ticket Offer - 3 Tickets for $36. Theatre is more enjoyable when experienced in the company of others, and it is with this in mind that we have developed Three’s Company. Book today, and spread the joy of theatre.
Healesville Memorial Theatre

Healesville 150 Anniversary Film Show

Memorial Hall Healesville
235 Maroondah Hwy
Healesville 3777

Healesville 150th Anniversary Film Show
Memorial Hall Healesville
Wednesday 8th October
12.30pm
Free
Luisa 5962 2588

The Old Time Cinema Show - Program as follows:

- Cinesound Weekly Review #14 (1958 7 minutes), Round About Healesville (1926 7 minutes), The Story Behind the Tap (pt 2) (1951 10 minutes), Whistles in the Hills (extract) (1984 5 minutes), The Lilydale – Healesville Railway (1972/78 10 minutes), Wildlife Paradise (c. 1961 13 minutes), INTERVAL, Spirit of Heathermoor (1970 2 minutes), Marysville and Healesville (c. 1926 18 minutes), Australia’s Platypus (1952 12 minutes), Healesville Victoria (c.1954 16 minutes).

Burrinja Cultural Centre

The 39 Steps

Burrinja Theatre
351 Glenfern Road
Upwey 3158

The 39 Steps is a fast-paced, side-splitting comedy featuring over a hundred characters played by four actors. Based on the 1935 Hitchcock spy thriller movie and novel by John Buchan, the stage production is currently the longest running comedy in the West End and winner of major theatrical prizes from Tony Awards® to the Olivier and Helpmann Awards. Handsome hero Richard Hannay meets a mysterious woman, who reveals a plot to smuggle military secrets out of the country. That night, she is found murdered in his apartment. With the police and international spies hot on his heels, Hannay races to solve the mystery of the man with the missing finger. His heart-racing adventures involve death-defying escapes from planes, trains and automobiles with the beautiful blonde bombshell Pamela by his side.
**Yarra Ranges Regional Museum**

**William Johnston and a Lilydale connection**

Healesville Senior Citizens Club
35 - 37 Castella Street
Lilydale 3140
ach.yarraranges.vic.gov.au/ach/Regional_Museum

Thursday 9th October
10.30am
$15pp, $12 with Seniors Card
03 9294 6313
museum@yarraranges.vic.gov.au

Join The Johnston Collection Director, Louis Le Vaillant as he gives an illustrated talk on Lilydale-born William Johnston (1911 - 1986); This presentation will uncover his career, life and legacy which is the reasure of Fairhall house-museum in East Melbourne.

**Burrinja Cultural Centre**

**The Neil Diamond Story**

Burrinja Theatre
351 Glenfern Road
Upwey 3158

Saturday 11th October
8.00pm
All Tix $25 Group 6+ $20
03 9754 8723
events@burrinja.org.au

The Neil Diamond Story is not only a stunning presentation of Diamond’s hits, but also tells the tale of this once struggling Broadway songwriter, who became one of the worlds most loved performers. Hear Neil Diamond’s legendary songbook performed in chronological order; songs from the mid-sixties bang records days such as: Solitary Man, Cherry Cherry and Girl You’ll be a woman soon, right through to the multi-platinum selling Jazz Singer album, which includes: Love on the Rocks and Hello Again.
Maggie Millar told her story of late life diagnosis of type 2 diabetes to Alan Hopgood, who combined it with the story of two other women to present this story of 3 women with varying experiences of diabetes. Starring Maggie Millar, Margot Knight and Michelle Hall. A discussion Forum follows the play. Includes afternoon tea prepared by Healesville Senior Citizens Club. Tickets can be purchased from any Council Community Link office as well as Memo Hall Healesville.
Yarra Ranges Regional Museum

Curator’s Floor Talk: Uncovering the Collection

Yarra Ranges Regional Museum
35 - 37 Castella Street
Lilydale 3140
ach.yarraranges.vic.gov.au/ach/Regional_Museum

Tuesday 14th October
10.30am (bookings essential)
Free
museum@yarraranges.vic.gov.au

Join the Curator Collections on an engaging and intriguing journey through the Uncovered: The Yarra Ranges Collection exhibition.

The Memo, Healesville

Ghosts of the Last Chinese Miners (Benno Poeder)

The Memo
235 Maroondah Hwy
Healesville 3777

Saturday 18th October to Tuesday 11th November
Telephone (03) 5966 4500 Fax (03) 5966 9370
venueenquiries@yarraranges.vic.gov.au

Incorporating elements of photography, drawing, found imagery and photo-montage, Benno Poeder has created a series of digital images and charcoal drawings which explore the relationship between the immigrant gold miner and the landscape of the Yarra Valley during the gold rush of the mid 19th century. Benno Poeder has drawn on his own family’s migrant experiences and the few remaining historical accounts of Chinese miners to create a visual narrative that gives a sense of the foreignness of the landscape that these newcomers encountered. The work also looks to the loss of the familiar and how in this absence home becomes an internalised ideal.

“It may be in the cultural particularities of people — in their oddities — that some of the most instructive revelations of what it is to be generically human are to be found.” Clifford Geertz
On Sunday 19 October, as part of the Melbourne Festival, 10 – 26 October, the TarraWarra Biennial will feature a day of live performances, artists’ talks, curators’ talks and innovative and unexpected actions. Whisper in My Mask Special Event; TarraWarra Biennial 2014; Performances, artist talks & happenings Curated by Natalie King & Djon Mundine; in association with Melbourne Festival.

Encoded is an aerial dance performance that uses the latest interactive technologies to build a projected digital environment that responds to the movements of the performers. Visually stunning, it creates a ravishing immersive world of shimmering images that dissolve and reform as the performers sweep across the space. Encoded is a meditation on the fragility of space and our place within it. It explores how digitised space alters our perceptions of physical space, and how digital media change our relationship to the body. Encoded utilises interactive 3D image and audio technologies to dynamically revision public spaces in real time through synthesising live performance, immersive interactive image projection and audio scapes. By utilising simulated fluid animations (of particles and architecture) as a mediating layer between performers’ physical gestures and the images and sounds they generate, we blur the boundaries between physical and digital space.
**HICCI, ECLC, Wesley, Melba & YVCH**

**“Finding Your Voice - A Seniors Celebration”**

**Healesville Senior Citizens Hall**
River Street
Healesville 3777

Thursday 2nd October
1pm to 3pm
Gold coin donation
03 5965 3529
hicci@hicci.org.au

An afternoon of information sharing, singing and celebration. Guest speakers include Anita Koochew, Community Lawyer, Sam Brean, Advance Care Planning and local identity and singing cobbler, Peter Brocklehurst. Afternoon tea provided.

**New Horizons Band (under the Dandenong Ranges Music Council inc)**

**A Sunday Afternoon with the New Horizons Concert Band**

**Tecoma Uniting Church**
1566 Burwood Highway
Tecoma 3160
New Horizons Band under DRMC
Ensembles at www.drmc.org.au

Sunday 19th October
2pm - 4pm
$10-00 entry per person; under 16 - $5-00; children under 4 years - free tea and coffee provided
0413 800 971 or 9763 0887
mariomam@optusnet.com.au

To showcase the New Horizons Concert Band whose members are mostly seniors. To attract people who want to learn to play a musical instrument (brass, woodwind or percussion) or have played previously and would like to renew an old musical experience. To help players join a band appropriate to their skill level.
New Horizons Band (under the Dandenong Ranges Music Council inc)

An Open Morning with the New Horizons Band

Dandenong Ranges Music Council
building in the grounds of the
Upwey High School
1451 Burwood Highway
Upwey 3158
New Horizons Band under DRMC Ensembles at www.drmc.org.au

Ever played a musical instrument and thought about taking it up again? Ever wanted to play a musical instrument (brass, woodwind or percussion)? Come along to an open morning and see if you would like to learn to play an instrument and join a beginner’s band or if you have played before or are an experienced player, join the New Horizons Band.

U3As of the Yarra Ranges

150 Years - Celebration in Song

Memorial Hall Healesville
235 Maroondah Hwy
Healesville 3777
www.u3ayarraranges.com.au

This is a Choral event sung by two very experienced choral groups, the Yarra Valley Singers & Diamond Valley Singers. The concert will feature a selection of period music that will bring back memories and get your feet tapping. Dame Nellie Melba opened the Memorial Hall at Healesville and perhaps we may hear a distant voice again. October is Seniors celebrations therefore this ‘Free to Public’ concert will also celebrate the contribution by U3A and its members throughout the region.
Yarra Valley Singers

Healesville’s 150 year Anniversary Choral Concert

Healesville Memorial Hall
235 Maroondah Hwy
Healesville 3777

Sunday 26th October
2:00pm
Free

Shirley 9879 2380 or Terry 0438163003

On Sunday 26th October 2014 the partnership of U3As of the region, Yarra Valley Singers and Diamond Valley Singers present a very special concert to celebrate Seniors and the 150 year birthday of Healesville Township. This free concert will include solos and chorus from Gilbert & Sullivan’s ‘HMS Pinafore’ and ‘Pirates of Penzance’ and favourite Opera choruses. This event is supported by the Yarra Ranges Council.
### Lilydale Tennis Club

**Social Tennis**

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rear council chambers, Eyrefield Park</td>
<td>Sunday 5th, Thursday 9th &amp; Sunday 12th October</td>
<td>1:00pm - 5:00pm</td>
<td>Free</td>
<td>Kerry 0412 375 785</td>
</tr>
</tbody>
</table>

Enjoy fun, relaxed, social tennis without competitive pressure – open to all from novices to those who want to get right back in!

### Montrose Tennis Club

**Social Tennis**

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Montrose Terrace Tennis Club</td>
<td>Sunday 5th &amp; Friday 10th October</td>
<td>12:00pm - 6:00pm</td>
<td>Free</td>
<td>Mick 0434 475 191</td>
</tr>
</tbody>
</table>

Enjoy fun, relaxed, social tennis without competitive pressure – open to all from novices to those who want to get right back in!

### Upwey-Tecoma Bowls Club

**Try Bowls Afternoon**

<table>
<thead>
<tr>
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<th>Date</th>
<th>Time</th>
<th>Fee</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upwey-Tecoma Bowls Club Inc.</td>
<td>Monday 6th October</td>
<td>1.30pm until 3.00pm</td>
<td>Gold coin donation</td>
<td>9754 3144 <a href="mailto:enquiries@upweybc.com">enquiries@upweybc.com</a></td>
</tr>
</tbody>
</table>

Come along and try out the wonderful sport of lawn bowls at the “country club” in the city. Our friendly members will give you a brief introduction to bowls, just wear flat soled shoes (eg sneakers) and we shall provide bowls, tuition and encouragement.
Healesville Tennis Club Inc.

Healesville Veterans Tennis

Don Road Sporting Complex
(Healesville Tennis Courts)
Don Road
Healesville 3777
www.healesvilletec.org.au

Seniors all welcome to join in modified Veterans tennis - no serving in sun, short sets of only 4 games, then mix around. Complete Beginners and rusty veterans all welcome - encouragement guaranteed! Every Tuesday morning...visitors always welcome. Balls and racquets provided. Morning Tea at conclusion approx. 11 am.

Healesville Senior Ladies Social Tennis

Queens Park Tennis Courts
Don Road
Healesville 3777
www.healesvilletec.org.au

Ladies Social Tennis - racquets & balls provided - Come ‘N Try tennis - suit complete beginners thru to rusty Veterans - all welcome - encouragement guaranteed!

Yering District Archers Inc

Archery Beginners Class

Yering District Archers Inc, Lilydale Airport
13 McIntyre Lane
Lilydale 3140
www.yeringdistrictarchers.org.au

Archery for beginners Saturday morning 10.00am to 11.00am half price for seniors.
**Lilydale Bowling Club**

**Try Bowls Day**

Lilydale Bowling Club  
5 Hardy Street  
Lilydale 3140  
www.lilydalebowlingclub.com

Sunday 12th October  
11am - 3pm  
Free  
9735 1317  
thedales@tpg.com.au

A family day for grandparents, parents, teens and juniors. Come and join in our Open Day and “Give Bowls a Go” Free tea and coffee and sausage sizzle.

**Yarra Junction Bowling Club**

**Try Lawn Bowls Sessions**

Yarra Junction Bowling Club  
Warburton Highway  
Yarra Junction

Friday 17th October  
1:00pm - 3:00pm  
Free  
0458 318 834

Learn how to play lawn bowls in a friendly social atmosphere followed by afternoon tea.

**Kilsyth Sports Centre**

**Seniors Badminton**

Kilsyth Sports Centre  
115 Liverpool Road  
Kilsyth

Enter from the rear Car Park

Thursdays 2nd, 9th, 16th, 23rd, & 30th  
Sundays 4th, 11th, 18th, & 25th  
Thursdays 2pm - 4pm, Sundays 10am - 12 noon  
Free

Programme Co-ordinator - George McDonald  0418 371 057

Come and Play this No. 1 – Keep Fit, Healthy, Exercise Sport. Played inside out of the Cold, the Wind, the Rain, the Flies & the Hot Sun. Like McDonald’s - The Tea & Coffee is free for Seniors. During the month of October we INVITE all Seniors to come and join us FREE OF CHARGE on each Tuesday afternoon and Each Sunday Morning. All Equipment will be supplied FREE OF CHARGE.
Monbulk Aquatic Centre

**Move to Improve and Aqua Fit/Movers**

Monbulk Aquatic Centre
26 Baynes Park Road
Monbulk 3793
www.monbulkaquatic.com.au

See timetable on website
Free
9756 6227
monbulkaquatic@belgravialeisure.com.au

Offering one free entry to the choice of: Aqua Fit Aqua Movers Move to Improve To be used in the month of October. The classes are suitable for older adults. See http://www.monbulkaquatic.com.au/timetable-classes or contact reception 9756 6227 for schedule.

Mooroolbark Tennis Club

**Social Tennis**

Mooroolbark Tennis Club
Hawthory Road - swimming pool entrance
Kilsyth 3137

President of tennis club
9724-9227
kennethfranklin@bigpond.com.au

Monday and Friday of every week
9.30am until 12 noon
Free for the month of October
9724-9227 - President of tennis club

Social tennis on Monday and Friday mornings from 9.30am until 12 noon. Come along and have a hit of tennis, meet new people and enjoy a cup of tea or coffee.
Upper Yarra Valley Garden Club

Invigorate mind & body while restoring our natural environment

Yarra Ranges Landcare Network
Various locations throughout the Shire of Yarra Ranges
PO Box 131
Woori Yallock 3139

Throughout the year
Most events held on weekends
Free
0488 766 113
yvlandcare@bigpond.com

Member groups of the Yarra Ranges Landcare Network host a variety of events to improve the Shire’s natural amenity, including planting, seed collection, growing plants, pest control and educational sessions. You are welcome to participate, or help run events, in a friendly sociable setting.

Friends of Kurth Kiln

Walk and Talk

Kurth Kiln Regional Park
Cnr Soldiers and Beenak Roads
Beenak

Friday 17th October
10am
Free
5967 4201
alfred.ursula@bigpond.com

To celebrate Seniors Week the Friends of Kurth Kiln would like to invite you for a walk in beautiful Kurth Kiln Regional Park. There will be two walks, a shorter one of about four kilometres and a longer one, for those with extra energy, of about eight kilometres. There will be morning tea afterwards and a chance to learn about the historic background of Kurth Kiln.
**Upper Yarra Valley Garden Club**

**Open Garden Weekend**

Five Member’s Gardens at various locations  
Gardens are sign posted along the Warburton Highway from Hoddles Creek to Warburton  
Hoddles Creek to Warburton

Saturday October 4th & Sunday October 5th  
10:00AM to 5:00PM on both days  
$20 for all gardens or $5 per garden  
03 5966 2828  
hincek@bigpond.net.au

Five gardens belonging to Club Members are open to the public. Entry passes available at any of the 5 gardens. Start at any garden.

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**Friends of the Helmeted Honeyeater**

**Help grow a future for the Helmeted Honeyeater**

Yellingbo Nature Conservation Reserve  
1217 Macclesfield Rd  
Yellingbo 3139

Tuesdays and Thursdays  
9am - 1200pm  
Free  
5964 8341  
heho1@optusnet.com.au  
www.helmetedhoneyeater.org.au

Learn new skills in plant propagation and plant identification or share your knowledge. Come and enjoy the colour, movement and sound of the bush whilst enjoying the company of fellow Friends as you pot up plants and get involved in various aspects of nursery management. All activities are undertaken under the supervision and direction of our Nursery Manager. Nursery volunteers usually attend weekly or fortnightly on a Tuesday or Thursday and/or month, 9am - 12pm.
**Tesselaar Direct Pty Ltd**

**Tesselaar Tulip Festival**

Tesselaar Gardens  
357 Monbulk Rd  
Silvan 3795  
www.tulipfestival.com.au

15th to 18th September  
10am to 5pm  
$18 concession  
03 9737 7777  
info@tesselaar.net.au

Seniors Week at the Tulip Festival is Monday 15th to Thursday 18th September and includes free tea or coffee for seniors along with live entertainment including Dutch Treat, Cheek 2 Cheek Jazz Duo and Ballroom dancing demonstrations on stage. Market stalls, tractor rides, tempting foods and more.

**Yering Meadows Golf Club**

**Yarra Valley’s Cheapest High Tea**

Yering Meadows Golf Club  
178 - 180 Victoria Road  
Yering 3770  
www.yeringmeadows.com.au

Sunday 5th October, Saturday 11th October and Sunday 12th October  
3.00pm - 5.30pm  
$24 per head  
9738 9000  
YM.Reception@yeringmeadows.com.au

For just $24 you can enjoy a beautiful High Tea with views over the golf course towards the Yarra Valley. Saturday’s and Sunday’s only from 3pm. Bookings essential. 9738 9000.
**St. Martin’s Anglican Church - Knitting Friends**

*Invites you to an Afternoon Tea*

St. Martin’s Anglican Church  
78 Colby Drive  
Belgrave Heights  
Thursday 9th October  
2:00pm  
Free  
9754 8284  
www.stmartinsbh.org

Come & join the Knitting friends at St. Martin’s Anglican Church for an afternoon tea & knitting session.

**Country Womens Association**

*Healesville CWA High Tea*

Healesville Senior Citizens Club  
Cnr Green Street and River Street  
Healesville 3777  
Saturday 11th October  
2pm  
Various  
0408 782 254  
http://healesville150.org/calendar-of-events/

The Healesville CWA will be holding a High Tea as part of our 150th celebrations. Everyone is welcome to attend and enjoy this afternoon tea with a selection of classic afternoon tea treats.
We invite you to our Open Day at Tudor Village Lilydale is a picturesque independent living retirement village set on 26 acres of beautiful gardens and parkland. A flourishing retirement lifestyle awaits, with superb village facilities tailored for retirees and a safe and secure low maintenance home that’s as unique as you are. Join our Open Days from 10am to 11am every Wednesday & Friday in October.

We are a non profit Club for senior ladies, we have meetings on alternate Tuesdays each month, the 3rd Tuesday is a Cinema day and the other Tuesday is an outings day. We would welcome new members who would like to join us – we try to make every Tuesday a “fun day”.
If you are interested in advertising in this program for local events next year, please contact the Council’s Community Enhancement Coordinator on:

1300 368 333 or k.hunter@yarraranges.vic.gov.au
Geppetto’s Workshop

Senior’s Week Special Discount – 15% off with this voucher

Geppetto’s Workshop
25 Olinda-Monbulk Road
Olinda 3788
Phone 03 9751 0005

Sunday 5th to Sunday 12th October 2014
7 days a week – 10:00am until 5:00pm
15% Off Purchases* with this voucher
*Some exclusions and conditions apply
see in store for details

Geppetto’s Workshop is Australia’s finest old-fashioned, traditional toy store. Set in Olinda & Sassafras in the picturesque Dandenong Ranges, we stock toys from local makers and over 26 other countries. Specialists in marionettes, puppets, traditional, educational and wooden toys, a visit to our stores is a genuinely magical experience.

Geppetto’s Workshop

Senior’s Week Special Discount – 15% off with this voucher

Geppetto’s Workshop
371 Mount Dandenong Tourist Road
Sassafras 3787
Phone 03 9755 3300

Sunday 5th to Sunday 12th October 2014
7 days a week – 10:00am until 5:00pm
15% Off Purchases* with this voucher
*Some exclusions and conditions apply
see in store for details

Geppetto’s Workshop is Australia’s finest old-fashioned, traditional toy store. Set in Olinda & Sassafras in the picturesque Dandenong Ranges, we stock toys from local makers and over 26 other countries. Specialists in marionettes, puppets, traditional, educational and wooden toys, a visit to our stores is a genuinely magical experience.