



Magic Potions



Outdoor potion kitchens for children can be a treasured place to imagine, create, and play. Creative play helps your child develop important thinking skills such as problem-solving and concentration.

Gather a small table, mixing bowls, cups, old cutlery, wooden spoons, whisks, funnels, muffin tins and a collection of buckets. Metal, wood and stone objects are best and more sustainable. You might like to visit your local opportunity shop or ask family and friends to help gather these items.

Assist your child to collect flowers like lavender and rose petals, herbs like rosemary, thyme, or oregano, and assorted leaves. Have a bucket of water handy and create! Be sure not to collect plants that are poisonous.