

Making Pom Poms

For this activity you will need:

- Cardboard
- Pen
- Scissors
- Wool

- Large round container and a smaller round container
- Large needle



What is the learning in this activity?

Ages: Age 5+

Purpose: Get creative while engaging in a mindful activity that encourages hand-eye coordination and fine motor control.

Let's play!

- 1. Place the larger round container onto the cardboard and draw circle around it. Do this twice.
- 2. Place the smaller round container into the middle of both circles and draw around it.
- 3. Cut out the two large circle and then cut out the two middle circle making sure that you start cutting in the middle of the smaller circle.
- 4. Place the two circles together and cut a long piece of wool
- Wind the wool around the two circles, use the needle to continue to tightly wind the wool in and out of the
- 6. Using scissors cut the wool between the two pieces of card
- 7. Cut a piece of wool and thread the wool between the two pieces of cardboard and tie tightly in a knot. Cut the two pieces of cardboard and remove.









Let's talk...

Qs - What colour would you like your pom pom to be? How might we be able to make pom poms of different sizes?

Extension - Pom Pom could be sewn onto a hat or clothing, hung on a bag, or used as a decoration on a child's bag, in their bedroom or around the house.