



# YARRA RANGES WALK HEALESVILLE

The Pathways for Carers project offers carers of people with a disability or mental illness an opportunity to share walks together, connect with nature and to learn more about news, services and supports available to carers. We will be joined on the walk by representatives from local organisations.

**Free coffee and cake after each walk**

**Time and Day:** 9.45am fourth Wednesday of every month  
except December (second Wednesday)

**Start Location:** Meeting at the Beechworth Bakery, 316 Maroondah Hwy, Healesville  
(if raining stay at cafe)

**For further information contact:** Amanda May, Disability Inclusion Officer Yarra Ranges Council  
on 9294 6741 or [a.may@yarraranges.vic.gov.au](mailto:a.may@yarraranges.vic.gov.au)

## Dates for 2024

28 February	27 March	24 April	22 May	26 June	24 July
28 August	25 September	23 October	27 November	11 December	



**Please check out our Facebook page**  
[www.facebook.com/pathwaysforcarers](https://www.facebook.com/pathwaysforcarers)





# FAQ's



## Do I need to RSVP for the Pathways for Carers walks?

No, you can just arrive on the day.

## Is there a cost to come on the walk?

No, the walk and morning tea are FREE for carers.

## Will the walk still take place in wet or hot weather?

We will always meet at the walk location – rain, hail or shine! We may decide on the day to cut the walk short, or stay at the café. Carers are encouraged to dress according to the weather.

## Are the walks suitable for everyone?

The walks are suitable for all fitness levels and are approx. 4kms or 50mins-1hr in duration. They are on a mix of sealed and gravel paths, and are mostly flat.

Please speak with the contact person for questions regarding specific locations, especially for wheelchair or walking aid accessibility.

Please also notify us if you would like to skip the walk and meet the group at the café.

## Walks dates for other Councils

The Pathways for Carers Project operates all over the Eastern Region of Melbourne. Please see below for information regarding other locations and dates. You are welcome to attend walks at as many locations you like!

### YARRA RANGES MT EVELYN WALK

**Time and Day:** 9:30am the first Thursday of every month

**Start Location:** Meeting at the Mt Evelyn Community House (50 Wray Cres, Mt Evelyn)

**Contact:** Nicky Condello, Mt Evelyn Community House on 9736 1177 or [nicky@mtevelynch.com.au](mailto:nicky@mtevelynch.com.au)

### MAROONDAH WEEKDAY WALK

**Time and Day:** 10:00am the second Tuesday of every month

**Start Location:** Bark and Silk Café, Burnt Bridge Shopping Centre, 434 Maroondah Hwy, Ringwood East

**Contact:** VMCH Carer Engagement on 03 8595 2406 or [carersevent@vmch.com.au](mailto:carersevent@vmch.com.au)

### MAROONDAH WEEKEND WALK

**Time and Day:** 1:00pm the fourth Saturday of every month

**Start Location:** Realm Library, Eastland Shopping Centre (Ringwood Town Square), 179 Maroondah Hwy, Ringwood.

**Contact:** VMCH Carer Engagement on 03 8595 2406 or [carersevent@vmch.com.au](mailto:carersevent@vmch.com.au)

### MONASH WALK

**Time and Day:** 10:00am the second Friday of every month

**Start Location:** Madeleine's at Jell's Park (please enter via Waverley Road)

**Contact:** Barb Wallace, City of Monash on [barb.wallace@monash.vic.gov.au](mailto:barb.wallace@monash.vic.gov.au)

### KNOX WALK

**Time and Day:** 9:30am – 4th Monday of the month (except Public Holidays)

**Start Location:** The Butler's Pantry, (Wellington Village Shopping Centre, 4/1090 Wellington Rd, Rowville)

**Contact:** Belinda Carney at Knox City Council on 9298 8000 or [Belinda.Carney@Knox.vic.gov.au](mailto:Belinda.Carney@Knox.vic.gov.au)

**For information and updates please see our facebook page**  
**[www.facebook.com/pathwaysforcarers](https://www.facebook.com/pathwaysforcarers)**