



Yarra Ranges **Council**

Healthy Active Ageing in the Yarra Ranges

Emergency Contacts

Emergency Services

000	Police, Fire, Ambulance  www.triplezero.gov.au/
112	If your mobile phone is out of range or credit  www.ses.vic.gov.au/
106	Text for emergency relay service
13 25 00	Victorian State Emergency Services (SES)

Hospitals/Care

1300 606 024	Nurse-On-Call
1300 342 255	Eastern Health Angliss Hospital
8804 9999	Eastern Health Box Hill Hospital
1300 342 255	Eastern Health Maroondah Hospital
9210 7000	Knox Private Hospital
13 74 25	National Home Doctor Service (Weekdays 6pm, Saturdays 12pm, Sunday all day)  13sick.com.au/

Police Stations

9754 6677	Belgrave
5962 4422	Healesville
9739 2300	Lilydale
9756 6266	Monbulk
9725 9999	Mooroolbark
9736 2473	Mt Evelyn
9751 1241	Olinda
5966 2006	Warburton
9730 1296	Yarra Glen
5967 1104	Yarra Junction

Local & Language Support

1300 368 333	Yarra Ranges Council
131 450	Translating and interpreting services
13 36 77	TTY for the hearing or speech impaired: TTY voice calls
1300 555 727	Speak and listen
0423 677 767	Speak and listen - SMS relay

Helplines

13 Yarn (13 92 76)	Support line for Aboriginal and Torres Strait Islander mob.
1800Respect (1800 737 732)	National domestic family and sexual violence counselling service.
1300 368 821	Better Health Channel
1300 224 636	Beyond Blue
1800 100 500	Dementia Australia
1800 888 236	Direct Line (Alcohol & Drug Support)
1800 888 236	Direct Line - providing support for anyone in Victoria wanting to discuss an alcohol or drug-related issue.
1800 858 858	Gambler's Help
1800 222 200	Grief and Bereavement Service
1300 845 745	Grief Line
13 11 14	Lifeline
1800 595 212	Medicare Mental Health
1800 33 00 66	National Continence Helpline
1800 184 527	Q Life
1800 187 263	SANE
1300 651 251	Suicide Line Victoria

1800 And 1300 Call Line Information

18/1800 Numbers: no charge to the caller when calling from a landline. Charges when calling from a mobile will depend on the mobile provider. It is best to call your provider to check.

13/1300 Numbers: calling from a landline will charge local call costs or higher if calling from a mobile number.

Scam Information

Scam Watch Australian Competition & Consumer Commission

 scamwatch.gov.au

Information to help Australians recognise, avoid and report scams. If you or a loved one has been scammed, we recommend looking at this website for advice on what to do, including how to report a scam.

Introduction



Acknowledgement of Country

Yarra Ranges Council acknowledges the Wurundjeri and other Kulin Nation peoples as the Traditional Owners and Custodians of these lands and waterways.

We pay our respects to all Elders, past, present, and emerging, who have been, and always will be, integral to the story of our region.

We proudly share custodianship to care for Country together.

Mayor's Welcome

Welcome to Council's Healthy and Active Ageing Guide.

This guide lists out some of the many opportunities for people of all ages – in particular, community members over the age of 50 – to engage with their local community, learn new skills, volunteer, and meet new people.

The goal of the guide is to help residents to strengthen their independence in the community, providing them with knowledge of local services and places where they can develop skills, to make the most out of living in the Yarra Ranges.

Ageing is, of course, complex. It's going to be different for everyone. We as a Council are committed to promoting healthy and active ageing, in all of its forms, and making this region an age-friendly community. We want to support community members, provide them with support and opportunities and continue making this municipality somewhere people of all ages and abilities are proud to call home.

Read on to find information on local groups, services, artistic venues, exhibitions, learning and volunteering opportunities. We also have hundreds of local parks and reserves, and groups offering recreation and options to stay physically active.

I hope you enjoy reading this guide, keep it handy and find something valuable in it.

Cr Jim Child

Mayor of Yarra Ranges

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Services

Local Health Services

EACH

📞 1300 003 224

🌐 each.com.au

📍 2468 Warburton Hwy, Yarra Junction

📍 18 – 22 Lakeview Drive, Lilydale

📍 1 Badger Creek Road, Healesville

Health and allied health services, in person, online and via phone.

Golden Wattle

📍 1 Joffre Road, Healesville

Social & Recreational activities for older isolated people, as well as older people with a disability.

Eastern Health

📞 1300 342 255

🌐 easternhealth.org.au

Emergency, surgical, medical and general healthcare services, including maternity, palliative care, mental health, drug and alcohol, residential care, community health and statewide specialist services.

Eastern Health Healesville

📞 1300 130 381

🌐 easternhealth.org.au

📍 377 Maroondah Highway, Healesville

Healesville Hospital and Yarra Valley Health provides a range of acute and community health services.

Inspiro, delivered by Access Health and Community

📞 9738 8801

🌐 inspiro.org.au

📍 17 Clarke Street, Lilydale

📍 1616/1624 Burwood Hwy, Belgrave

Health and allied health services in person, online and via phone.

Support Connect

📞 9800 1071

🌐 supportconnect.org.au

Helping you find and connect with the right mental health, alcohol and other drug and suicide prevention health care service for yourself, family, friend or person you care for.

Medicare Mental Health

📞 1800 595 212

🌐 medicarementalhealth.gov.au

Free information over the phone or online for mental health support for yourself, someone you care about, or just trying to improve your wellbeing. Head to Health is a good place to start.

Mental Health and Wellbeing in Yarra Ranges

Eastern Health Mental Health Triage

📞 1300 721 927

🌐 www.easternhealth.org.au

Social Support Services & Agencies

🌐 <https://www.yarraranges.vic.gov.au/Community/Health-and-Wellbeing/Community-relief-and-support-agencies/Social-support>

A list of local groups and organisations that provide a range of support over the phone or in person and event at Cafes.

CIS Yarra Ranges

📞 9735 1311

🌐 [yarraranges.vic.gov.au/Community/Community-directory/CIS-Yarra-Ranges](https://www.yarraranges.vic.gov.au/Community/Community-directory/CIS-Yarra-Ranges)

Provides a free information & referral service on topics such as housing, health, personal issues, families, education and much more.

Eastern Community Legal Centre

📞 1300 342 255

🌐 <https://eclc.org.au/>

Free and confidential legal help to communities and community members living in Melbourne's East. Information, support and free legal advice for Elder Abuse.



Other Support Services

Anchor

☎ 1800 825 955

🌐 <https://www.anchor.org.au/>

Child family services, homelessness support services, youth development services.

Dandenong Ranges Emergency Relief Service (DRERS)

☎ 9754 7777

🌐 www.drers.org.au

Non-profit organisation connecting community and supporting people experience financial stress, crisis and hardship in the Dandenong Ranges.

Direct Line

☎ 1800 888 236

🌐 <https://www.directline.org.au/>

Confidential alcohol & drug counselling and referral in Victoria.

Grief Australia

☎ 1800 222 200

☎ Grief line: 1800 642 066

🌐 grief.org.au

✉ info@grief.org.au

Healthy End of Life Program

🌐 healthyendoflifeprogram.org

Information to improve the everyday experiences of dying, death and bereavement. Ensuring people can access the right help, at the right time.

Holy Foods

☎ 1300 133 889

🌐 www.holyfools.org.au

Non-for-profit offering education, advocacy, meals and more!

Housing for the Aged Action Group

☎ 1300 765 178

🌐 oldertenants.org.au

Specialises in housing inclusive of aged care solutions for older adults in Australia aiming to help find long-term, secure, and affordable housing.

Life!

☎ 13 74 75

🌐 <https://lifeprogram.org.au/>

In person or online program helping you to improve your eating habits, increase your physical activity and manage stress.

LinC – Church Services Network

📞 0455 268 457

🌐 lincyarravalley.org.au/fresh-food-program

Emergency relief/food relief/wellbeing programs

QLife

📞 1800 184 527

🌐 <https://qlife.org.au/>

Anonymous and free LGBTQ+ peer support and referral.

Relationships Australia

📞 1300 364 277

🌐 <https://www.relationships.org.au/>

Relationship support services for individuals, families and community.

Second Bite

📞 1800 263 283

🌐 <https://secondbite.org/>

Find a local organisation or place that provides a meal or parcel for individuals or families.

Victorian Seniors Card

📞 1300 797 210

🌐 seniorsonline.vic.gov.au

People aged 60 are eligible for a Seniors Card. The free card provides cheaper public transport options and free off-peak travel vouchers and discounts on everyday items (fuel, groceries) and occasional items (travel, accommodation).



Support Groups

Caladenia Dementia Care

☎ 9727 2222

🌐 caladenia.com.au

📍 11 Hilledge Ln, Mooroolbark

Caladenia provides respectful care and support for people living with dementia and their carers.

ComLink Australia

☎ 1300 761 011

🌐 comlinkaustralia.com.au

Support you with community transport, home care and social support services so you can remain at home and thrive in place.

Uniting Melba Social Support Group

☎ 139 375

🌐 unitingvictas.org.au

Social support programs for people living in the Yarra Ranges. Experience group outings, lunches, a range of workshops whilst enjoying the company of new friends in your local community.

Yarra Valley Cancer Support Group

☎ 0459 615 552

🌐 [https://www.facebook.com/permalink.](https://www.facebook.com/permalink.php/?story_fbid=671381196618229&id=319567191799633)

[php/?story_fbid=671381196618229&id=319567191799633](https://www.facebook.com/permalink.php/?story_fbid=671381196618229&id=319567191799633)

My Aged Care

 **1800 200 422**

 **myagedcare.gov.au**

My Aged care is the first point of call where Individuals are able to access Australian Federal Government funded Aged care supports. Both the Website and telephone line are able to assist older Australians, their families or carers to access supports.

If you require assistance around the house or think that it may be time to access residential aged care, My Aged care can assist.

For more information visit or call: **myagedcare.gov.au** or **1800 200 422**.

My Aged Care Provides:

- Information on the different types of aged care services available.
- An assessment of needs to identify eligibility and the right type of care.
- Referrals and support to find service providers that can meet your needs.
- Information on what you might need to pay towards the cost of your care.

Step 1: Learn about the different types of care

You can see what services are available to help you stay in your own home, or what to expect in an aged care home.

Step 2: Get assessed

To find out if you are eligible, this is your next step. Read about how to apply and what's involved in the assessment process.

Step 3: Find a provider

If you've been assessed and are ready to find a provider and set up your new services, start here.

Step 4: Manage your services

If you are receiving services and want to check what you've got in place or make some changes, head to this section.

How we can help

Yarra Ranges Council's, Healthy Ageing Consultants can explain how My Aged Care works and can offer information to guide you through the aged care system.

This free service will explore the choices with you and may help aid you in making the decision that suits you best.

To find out more information on how we can help, please contact our Healthy Ageing Consultants on **1300 368 333** or at **agewell@yarraranges.vic.gov.au**.

Emergencies

Are You Prepared?

Creating a Plan

There are many things to consider when faced with danger. When filled with stress and adrenaline, people often panic which could put you and your family in more danger. Avoid regrets by considering the important decisions and writing these down before you are faced with an emergency.

For information on how and where to create a plan visit: emergencyprepare.com.au

Planning for pets and animals

Do you have pets or other animals? Make sure to plan for them as well. The resources below will help you develop a plan with your animals in mind.

agriculture.vic.gov.au/farmmanagement/emergencymanagement/emergency-animalwelfare

Keeping Informed About Emergencies

Fire danger ratings are available on the CFA website and the VicEmergency App or website.

 **cfa.vic.gov.au**

 **emergency.vic.gov.au**

Insurance And Emergencies

People who don't have insurance or who are underinsured find it very difficult to rebuild their lives without it.

Conduct an annual insurance check-up.

Make sure to check your policy every year to ensure that your policy provides you with enough cover to rebuild to a standard that you are comfortable with.

Know what your policy covers

Will your policy cover accommodation, removal of debris or demolition costs? These details matter.

Make a home inventory

Rebuilding or replacing lost items is easier if you have an accurate home inventory.

Here are some methods you could use to document the contents of your home before an emergency occurs:

- Use your smartphone to video/ photograph your belongings
- Take a walk and video the outside of your property as well, fences, retaining walls, shed, garages and their contents
- Keep your inventory and photos at another location to your home or store this information online.

Other Contacts

Aged Care Quality and Safety Commission

📞 1800 951 822

🌐 agedcarequality.gov.au

Ensures funded aged care facilities are safe and provide quality care. To make a complaint, visit the website or call.

Council Of The Ageing (COTA)

📞 9655 2100

📞 1300 13 50 90

✉️ askcota@cotavic.org.au

🌐 cotavic.org.au

An advocacy, support and education organisation aiming to create recognition and promote a positive voice for older Australians. Get help finding information about pensions and concessions, public transport, housing, utilities, banking etc.

Interpreter available on 13 14 50.

Elder Rights Australia(ERA)

📞 1800 700 600 or 9602 3066

🌐 elderrights.org.au

Provides support and information for individuals, families and representatives in Victoria who are experiencing issues with Commonwealth funded aged care services.

Friend Line

📞 9663 2740

🌐 friendline.org.au

Reconnect or just have a chat with a friendly volunteer.

LiveUp

📞 1800 951 971

🌐 <https://www.liveup.org.au/>

Free, confidential and personalised Navigation service to help understand and explore healthy ageing options.

Mensline Australia

📞 1300 78 99 78

🌐 mensline.org.au

Information and support specific for men.

Office Of the Public Advocate

📞 1300 309 337

🌐 publicadvocate.vic.gov.au

Promoting and safeguarding the rights, interests and dignity of people living with a disability.

OPAN Older Persons Advocacy Network

📞 1800 700 600 or 9602 3066

🌐 <https://opan.org.au/>

Provides support and information for individuals, families and representatives in Victoria who are experiencing issues with Commonwealth funded aged care services.

Older, Not Alone Campaign

🌐 <https://oldernotalone.com/>

Resources and information to find social groups, support for elder abuse, finances and vaccinations.

Public Toilet Map

🌐 <https://toiletmap.gov.au/>

Online resource to find the nearest public toilet.

Planning for the Future: People with a Disability

📞 1800 951 971

🌐 <https://www.liveup.org.au/>

Online guide with information about setting up a trust, accessing legal and financial advice.

Senior Rights Victoria

📞 1300 368 821

🌐 seniorsrights.org.au

Provides information and legal assistance for older adults experiencing elder abuse or for friends and family who are worried about a loved one.

Services provided include:

- Legal Support
- Telephone information and referral
- Advocacy and support
- Community education

Seniors Online

📞 1300 797 210

🌐 seniorsonline.vic.gov.au

Information and links provided by the Victorian Government regarding:

- The Seniors Card program
- Victorian Seniors Festival
- Better Health Channel information
- Victorian Government programs
- Community information and contacts

Services Australia (Centerlink)

☎ 132 300

🌐 servicesaustralia.gov.au

Dedicated phone line for older Australians needing support or information on:

- Age Pension
- Commonwealth Seniors Health Card
- Payments, information and help following the death of a loved one
- Financial Information Service
- Pensioner Concession Card
- Home Equity Access Scheme
- Centerlink debts and over-payments

WIRE – Women’s Information and Referral Exchange Inc

☎ 1300 134 130

🌐 wire.org.au

Information and referral service for Victorian women, non-binary and gender-diverse people.



Indigenous Services

Boorndawan Willam Aboriginal Healing Service

📞 9212 0200

✉️ bwahs@bwahs.com.au

🌐 bwahs.com.au

📍 289 Swansea Rd, Lilydale

Services specialising in therapeutic programs for individuals and families.

Coranderrk – Wandoon Estate Aboriginal Corporation

✉️ wandoonestate@gmail.com

🌐 coranderrk.com

📍 19 Barak Lane, Healesville

Representing the history and continuing care of the Aboriginal reserve known as Coranderrk. Visitation by appointment only.

Koori Heritage Trust

📞 8662 6300

✉️ info@korieheritagetrust.com

🌐 korieheritagetrust.com.au

📍 243 Flinders Lane, Melbourne

The Trust emerged from a need to promote greater awareness, understanding and appreciation of Koorie culture throughout the community.

Mullum Mullum Indigenous Gathering Place

📞 9725 2166

✉️ mmigp@mmigp.org.au

🌐 mmigp.org.au

📍 3 Croydon Way, Croydon

📍 47-49 Patterson Street, Ringwood East

A culturally safe and inclusive space for Aboriginal and Torres Strait Island people to come together through a range of community support programs.

Oonah Aboriginal Health and Community Services

📞 5962 2940

✉️ admin@oonah.org.au

🌐 oonah.org.au

📍 1A Badger Creek Rd, Healesville

A welcoming and culturally affirming service to the Aboriginal and/or Torres Strait Islander people of Melbourne's Inner and Outer East. A central point of contact for information, services, and programs that are focused on building a healthy and strong Community.

Oonah Tucker Bag- Food Security Healesville

Oonah also runs a food security program on Fridays, which is open to all Community members.

Support Group

Cup of Yarns Program- Mondays

Elder Care support program for Aboriginal and/or Torres Strait Islander Community and their Carers

VACCA Family Services - Chirnside Park

☎ 8727 0200

✉ vacca@vacca.org

🌐 vacca.org

📍 1E Ridge Drive, Chirnside Park

Assisting children, young people, families and community members.

Victorian Aboriginal Health Service

☎ 9419 3000

✉ info@vahs.org.au

🌐 vahs.org.au

📍 186 Nicholson Street, Fitzroy

The Victorian Aboriginal Health Service (VAHS) was established in 1973 to address the specific medical needs of Victorian Indigenous community.

Victorian Aboriginal Heritage Council

☎ 9922 7002

✉ vahc@dpc.vic.gov.au

🌐 aboriginalheritagecouncil.vic.gov.au

📍 Suite 2, Level 3, 3 Treasury Place, East Melbourne

Representing groups with a Traditional Owner Settlement Agreements for an area of country.

Victorian Aboriginal Legal Service

☎ 1800 064 865

✉ vals@vals.org.au

🌐 vals.org.au

📍 273 High St, Preston

A bridge between the Australian legal system and the Aboriginal and Torres Strait Islander community.

Wurundjeri Land Council

☎ 9416 2905

✉ reception@wurundjeri.com.au

🌐 wurundjeri.com.au

📍 1 St Heliers St, Abbotsford

Representing cultural heritage, natural resource management, cultural practice events, consultations, language, naming and education, tours, and cross-cultural Awareness Training.



Services Support for Carers

Caring for an individual or group can happen unexpectedly, or caring responsibilities may increase over a life course. Nonetheless, it is important that carers have access to supports so they can continue to live and enjoy a fulfilled and supported life.

Caladenia Dementia Care

📞 9727 2222

🌐 caladenia.com.au

📍 11 Hilledge Ln, Mooroolbark

Care About

📞 13 13 00

🌐 careabout.com.au

Care options - nursing homes/home care providers

Carer Gateway

📞 1800 422 737

🌐 carergateway.gov.au

Free services and support for carers including, in-person and online peer support groups, support packages, counselling, coaching, skills development and access to emergency respite.

Carers Vic

📞 1800 514 845 or 9396 9500

🌐 carersvictoria.org.au

Voice for family carers, representing and providing support for carers.

Grandparents Victoria

📞 9372 2422

🌐 grandparents.com.au

✉️ info@kinshipcarersvictoria.org

Advocacy group for grandparents and grandchildren's issues and needs. Contact the group for more information about their campaigns and information about how grandchildren can be supported.

Kinship Carers Vitoria

📞 0449 969 234

🌐 kinshipcarersvictoria.org

✉️ admin@kinshipcarersvictoria.org

Advocating for, and supporting Grandparents, siblings, other relatives and family friends raising children in out-of-home care.

Mind Australia – Carer Helpline

📞 1300 554 660

🌐 mindaustralia.org.au

Over the phone information and advice for carers supporting someone through mental illness.

Pathway For Carers – Healesville

☎ 1300 368 333

🌐 yarraranges.vic.gov.au/Explore-Yarra-Ranges/Events/Pathways-for-carers-Healesville

✉ a.may@yarraranges.vic.gov.au

Pathway For Carers – Mt Evelyn

☎ 9736 1177

🌐 yarraranges.vic.gov.au/Explore-Yarra-Ranges/Events/Pathways-for-carers-Mt-Evelyn

✉ nicky@mtevelynch.com.au

The pathways for carers project offer carers of people with a disability or mental illness an opportunity to share walks and to learn more about news, services and support available to carers. Waling in Healesville



Transport

Disabled Parking Permit

📞 Vic Roads 1300 56 677

📞 YRC 1300 368 333

🌐 accessibleparking.vic.gov.au

To obtain or renew an accessible parking permit you will need to apply online via the link above. If you need help with your application or finding somewhere to apply online, call Vic Roads or Yarra Ranges Council.

EV Community Transport

📞 9870 7822

🌐 easternvolunteers.org.au

The EV Community Transport program delivers caring and reliable transport to people under 65 years of age with a disability and anyone over 65 years of age who lives in the Whitehorse, Maroondah, Manningham or Yarra Ranges local government areas.

We are an inclusive organisation and we support people from all communities, including the following; culturally and linguistically diverse, First Nations, people living with a disability and LGBTQIA+.

HICCI - Healesville

📞 5911 6000

🌐 <http://www.hicci.org.au>

Operated by our team of friendly and dedicated volunteer drivers, our transport service helps older community members, people living with a disability and their carers – and other community members when we can.

We aim to help people live independently and stay well connected.

Our transport service includes:

- Transport to and from medical and healthcare appointments
- Assisted social transport, including visits to friends and relatives and to other social activities
- Healesville's 'Thursday Town Traveller' (HICCI bus stopping at designated destinations)
- Regular group shopping trips to Chirnside Park Shopping Centre, Bunnings, Lilydale Marketplace, Eastland and IGA Yarra Glen
- Mystery tour social outings (HICCI bus)

Melba Social Support Service

📞 1300 696 352

🌐 melbasupport.com.au

A social support programs for people living in the Yarra Ranges. Group outings, lunches, a range of workshops, enjoy the company of new friends in your local community.

MRE Real Estate

📞 9756 6011

🌐 <https://www.mre.net.au/>

Community Bus available to book and use.

Public Transport Victoria

📞 1800 800 007

🌐 ptv.vic.gov.au

For all public transport information including, planning your journey and organising your tickets. Free public transport vouchers are available through the Seniors Card program.

Lifelong Learning

Whether it's the love of learning, fascination, interests and fun can begin again or can increase through new opportunities before and during retirement. Whether you're interested in technology or nature, joining a group or meeting regularly with friends to learn, these activities keep us connected and improve physical and mental health as we age.

Yarra Ranges has many opportunities to engage from short to long courses or group activities, we hope there is something here for you!

Call the group you are interested to connect with to find out about timetables, costs and what you might need to bring.

Technology Information & Support

Be Connected

 **1300 795 897**

 **beconnected.esafety.gov.au**

An Australian government initiative committed to building the confidence, digital skills and online safety of older Australians. Find information on:

- Tech
- Scams
- Phones and Apps
- Smart home devices
- Fun online games
- Podcasts

Eastern Regional Libraries

Belgrave, Healesville, Lilydale, Montrose, Mooroolbark, Yarra Junction

 **yourlibrary.com.au**

 **1300 737 277**

Your Library has activities and collections to help you live a fun, fulfilled and connected life.

Make new friends and learn new things at our:

- Gardening groups
- Book chats and Author talks
- Craft clubs
- English language chat groups
- Gaming groups

Troubled by technology?

Free and friendly 1-1 support sessions and workshops. Bookings essential. Call or visit your local library to make a booking.

University of the Third Age - U3A

U3A groups create an opportunity for learning from peers or sharing your knowledge, to meet new people and join in physical activities for people who are semi-retired or retired. From art classes to information sessions or regular walks, each U3A offers a fun timetable of opportunities!



Healesville

☎ 0490 917 975

🌐 healesvilleu3a.org.au

✉ healesville.u3a@bigpond.com

📍 Old Healesville Court House,
42 Harker Street, Healesville

Mt Dandenong U3A

☎ 9728 4431

🌐 u3amountdandenong.org

✉ u3amtdandy@gmail.com

📍 Farndons Hall 42 Falls Rd, Kalorama

Sherbrooke U3A

☎ 9754 3339

🌐 sherbrookeu3a.org.au

✉ office@sherbrookeu3a.org.au

📍 1/6 Mahony St Upwey

Upper Yarra U3A

☎ 5967 1702

🌐 upperyarrau3a.org.au

✉ office@upperyarrau3a.org.au

📍 Upper Yarra Family Centre, 2444 Warburton
Hwy (cnr. Hoddle St), Yarra Junction

Walmsley Village

☎ 9725 3406

📍 84 Greeves Drive, Kilsyth

U3A group at Walmsley Village.

Yarra Ranges U3A

☎ 9728 1132

🌐 u3ayarraranges.com.au

✉ secretary@u3ayarraranges.com.au

📍 Japara House, 54 – 58 Durham Rd, Kilsyth



Neighbourhood & Community Houses

Neighbourhood houses offer community-based programs, services and activities including hobby classes, accredited training, health and fitness programs, support groups, internet and computer access, tech training and support, printing and photocopying facilities.

Cire Community Hubs

📞 1300 835 235

🌐 cire.org.au

Yarra Junction

📍 2463 Warburton Hwy, Yarra Junction

Chirnside Park

📍 33 Kimberley Drive, Chirnside Park

Cire provides flexible learning opportunities, education and training along with social and fitness groups and classes.

Healesville Living & Learning Centre

📞 5962 5982

🌐 hllc.org.au

📍 1 Badger Creek Road, Healesville

We provide quality programs and activities focusing on empowering and supporting people in an environment that encourages lifelong learning.

Japara Neighbourhood House

📞 9728 3587

🌐 japarahouse.com.au

📍 54-58 Durham Road, Kilsyth

Educational and social services for the people of Kilsyth, Montrose and beyond.

Lilydale Community House

📞 0493 150 176

🌐 lilydalech.org.au

📍 7 Hardy Street, Lilydale

Activities, events, classes or a social catch up with others. Welcoming and affordable opportunities for social connection and lifelong learning.

Mt Evelyn Community House

📞 9736 1177

🌐 mtevelynch.com.au

📍 50 Wray Crescent, Mt Evelyn

Connect, learn, be inspired and contribute in your local community.

Olinda Community House

📞 9751 1264

🌐 och.org.au

📍 79-81 Olinda-Monbulk Road, Olinda

Providing avenues for participation, at an affordable cost, to all people within the Hills community.

Selby Community House

📞 9754 2039

🌐 selbyhouse.org.au

📍 1 Minak Road, Selby

A colourful and lively place where community members can come together to connect, collaborate and learn.

Seville Community House

📞 5964 3987

🌐 sevillecommhouse.org.au

📍 8 Railway Road, Seville

Affordable classes and activities to suit all age groups in a friendly environment.

Woori Community House

📞 5964 6857

🌐 wooricommhouse.org.au

📍 Shop 5/ 1385 Healesville Koo Wee Rup Road, Woori Yallock

Affordable courses, groups, community events, venue hire and access to low cost computer, internet and printing services.

Yarra Glen Living and Learning Centre

📞 9730 2887

🌐 yarraglen.com/livingandlearning

📍 12 - 14 Anzac Avenue, Yarra Glen

Come together to share your skills and experiences and to enjoy each other's companionship.

Other Groups & Resources

National Seniors Australia Yarra Ranges Branch

Lilydale Lake Community Room, Lilydale Lake Road, Lilydale

☎ **0459 155 527**

🌐 **nationalseniors.com.au/get-involved/branches/yarra-ranges**

✉ **yarrarangesnsa@gmail.com**

We are a friendly, inclusive and active Branch of over 50s with a voice to Government. Guests and visitors are most welcome to join us at any of our – Meetings occur every second Monday of the month at 7pm

The Hills Toastmasters Club

☎ **0414 509 463**

🌐 **<https://www.facebook.com/thehillstoastmastersclub>**

✉ **thehillstoastmasters@gmail.com**

Meet 1st & 3rd Wednesday monthly, 7:30

Enjoy practicing your speaking skill with a friendly group!

Canva

🌐 **<https://www.canva.com/>**

Canva is a free online resource with templates for you to create flyers, posters brochures and much more!

*You will need to create an account. There are some 'elements' within the website which have a cost associated with them. You will not be charged until you download your design.

Volunteering

Volunteering With Yarra Ranges Council

Council encourages community members from all ages, backgrounds and skill levels to volunteer. It's a wonderful way to make a contribution to the community and there are many health and wellbeing benefits for those who volunteer.

Whether you can spare only a few hours a month, or volunteer each week, all offers of assistance are very welcome.

See Council's volunteering opportunities contact Council:

 yarraranges.vic.gov.au/volunteer

 1300 368 333

Bridges Connecting Communities

 9753 4577

 bridgescc.com.au

Bridges supports people in the South West Yarra Ranges covering Belgrave/Upwey and the Dandenong Ranges. Volunteer roles include transport driving, assisted shopping, dog walking, phone a friend, friendly visiting, social support assistants and office administration.

Caladenia Dementia Care

 9727 2222

 <https://www.caladenia.com.au/>

Support existing programs by adding value and diversity!

Community Storyteller -Bookaburra

Bookaburra volunteers run book reading or story time sessions with small groups of parents and young children in the community.

EV Strengthening Communities

 9870 7822

 www.ev.org.au

 volunteering@ev.org.au

EVSC hosts the Volunteer Management Activity project lead for the Eastern Region. We can assist volunteer involving organisations to reduce barriers for people looking to volunteer and be more inclusive in their volunteer workforce.

Gardens for Wildlife

 1300 368 333

 gardensforwildlife@yarraranges.vic.gov.au

Assists Yarra Ranges residents to create a garden which supports local wildlife. As a volunteer you will share your knowledge and enthusiasm for wildlife gardening and will be supported with training and information along the way.

L2P Learner Driver Mentor Program

L2P Volunteers assist young people who do not have access to a supervising driver, or an appropriate vehicle to gain driving experience required for a probationary license.

Melba Support Services & Melba Dog Buddies

📞 9212 0106

🌐 melbasupport.com.au/volunteer

This program pairs people with intellectual disabilities or neurotrauma with a volunteer and their dog. There are many other activities and support programs.

Mooroolbark And District Miniature Railway

📞 9723 1025

🌐 mmr.org.au

Join us to help run and maintain the railway at Kiloran Park, Hawthory Road, Kilsyth. For those mechanically minded there are numerous activities including locomotive and track maintenance/construction as well as drivers, station assistants, point controller, and BBQ.

Upwey Township Tool Library

🌐 upweytownshiptoollibrary.myturn.com/library/

Join this new, grass-roots, environmentally sustainable initiative providing an opportunity to share and borrow; hand, power, garden tools, ladders, etc. For use on household and community projects. Skilled volunteers with an interest in gardening and household maintenance needed for an hour or two per month.

Environmental Friends & Landcare Groups

There are over 70 Environmental Volunteer Groups across the Yarra Ranges. An environmental volunteer group is a group of people who work together to conserve native plants and/or animals, reserves, parkland, bushland, roadsides and waterways on public or private land.

If you are interested to know more, or want to find a group in your area, or would like to start a group, please visit or call:

 yarraranges.vic.gov.au/Volunteer

 EnvironmentalVolunteers@yarraranges.vic.gov.au

 1300 368 333

Friends of the Helmeted Honeyeater

 5964 8341

 helmetedhoneyeater.org.au

 info@helmetedhoneyeater.org.au

 **Woori Yallock & Yellingbo Indigenous Plant**

Nursery at 1217 Macclesfield Road, Yellingbo

Volunteer in the Indigenous Plant Nursery or the Yellingbo Nature Conservation Reserve, which involves supplementary feeding of Helmeted Honeyeaters and monitoring their welfare.

Friends Of Hoddles Creek

 9728 2992

 friendsofhoddlescreek.com

 friendsofhoddlescreek@gmail.com

We have a role in community and school education about the importance of native forests and waterways in providing a wildlife habitat and the need to balance this heritage against development activities.

Friends of Belgrave Lake Park

 9754 8003

 hiwood@bigpond.net.au

 **35 Park Dr, Belgrave**

An important focus of the group is protection and restoration of Monbulk Creek as a platypus habitat.

Friends of Sherbrooke Forest

 9756 6977

 friendsofsherbrookeparkc@gmail.com

 friendsofsherbrookforest.blogspot.com

Welcome to all no matter one's gardening experience.

Friends of Glenfern Valley Bushlands

 glenfernvalleybushlands.org.au

 glenfernvalleybushlands@hotmail.com

 **Glenfern Road, Upwey**

A 40-hectare tranquil nature reserve with a beautiful landscape and is a haven for birds along Ferny Creek. We welcome both walkers and volunteers.

Friends of Wanderslore

 yarraranges.vic.gov.au/Explore-Yarra-Ranges/Special-interest-groups/Community-directory/Friends-of-Wanderslore

 steve.fernee@gmail.com

 **2180 Warburton Hwy Launching Place**

Wanderslore is a 10-hectare Trust for Nature property situated behind the Home Hotel in Launching Place. Come and meet us on one of our Activity Days from 10 am on the 4th Sunday of every month, share our tasks - weed control and track maintenance- and join us for lunch!

Friends of Upwey South Reserve

 **0400 098 789**

 **Morris Road, Upwey**

There are opportunities for members to participate in environmental works and training activities. A Child Safe group.

Friends of Margaret Lewis Reserve

 **0418 389 900**

 mlresrve@bigpond.com

 **Ingram Road, Coldstream**

Aims to maintain the environmental integrity of the reserve whilst encouraging community participation.

Friends of Elizabeth Bridge Reserve

 **Graeme 0404 817 344**

 **Des 9725 1889**

 **39-47 Durham Road, Kilsyth**

We run monthly working bees on the 1st Sunday of every month at 2pm.

Friends of Kurth Kiln

 **5967 4201**

 friendsofcurthkiln.org.au

 **Beenak Road and Soldiers Road**

Kurth Kiln is best known for its iconic kiln that was used during the Second World War. Working Bees are on the second Saturday each month, starting at 10am.

Montrose Environmental Group

 **9723 4700**

 meg.org.au

 info@meg.org.au

The Montrose Environmental Group was formed in 1971 and continues to benefit the local environment. You do not need to be physically active to be a member.

MULGA - Montrose Upper Landcare Group

☎ 0417 054 402

🌐 yarrarangeslandcare.org.au

Old Coach Rd Montrose at the corner of Browns Rd Join us for the “Weed Wallop” on the first Saturday of the Month.

Montrose Environmental Group Inc

☎ 9723 4700

🌐 meg.org.au

Join us for weed removal and re-vegetation working bees in the reserves and parks within Montrose and surrounding areas.

Southern Dandenongs Community Nursery

☎ 9754 6962

🌐 sdcn.org.au

📍 **Birdsland Reserve, 271 Mt Morton Rd,**

Belgrave Heights

Interested volunteers are very welcome to learn skills in identifying local native plants of the Dandenongs, how to grow plants, how to collect and treat local native plant seed, where to grow plants as well as help with publicising the nursery and maintaining native plant data bases.



Arts & Culture

Cultural Centres

Creativity, art, culture and an active appreciation of heritage thrives across the Yarra Ranges. For years, Yarra Range's six multipurpose community and arts centres have been vital for entertainment, celebrations, learning, meetings and networking.

From showcasing internationally renowned artists to hosting weekly local dances, the centres offer a variety of arts activities and events including film screenings, community performances, exhibitions and music programs.

For tickets to any of our venues contact the Box Office:

📞 9294 6511

🌐 yarraranges.sales.ticketsearch.com

✉️ boxoffice@yarraranges.vic.gov.au

Arts Centre, Warburton

📍 3409 Maroondah Hwy, Warburton

Historic buildings with a strong entertainment program, regular exhibitions and lively community gathering.

Burrinja Cultural Centre

📍 351 Glenfern Road, Upwey

Diverse multi arts program of community events, exhibitions, workshops and performances.

Montrose Town Centre

📍 935 Mt Dandenong Tourist Road, Montrose

Contemporary music, classical concerts, story time activities and school holiday fun. The Centre is popular for networking among new parents, senior citizens, and local singers.

Mooroolbark Community Centre

📍 125 Brice Avenue, Mooroolbark

Arts and cultural activities, performances, art exhibitions and workshops including painting and pottery for all ages.

Mooroolbark Theatre Group Inc.

📞 0478 618 983

🌐 <https://mtg.org.au>

📍 125 Brice Ave, Mooroolbark

MTG is a small, friendly group of people, presenting high quality comedy in the local community.

The Memo, Healesville

📍 235 Maroondah Hwy, Healesville

The Memo is where Healesville comes alive with music, film, theatre, live performances, artist showcases and cultural activities.



Yarra Ranges Regional Museum

📍 35-37 Castella Street, Lilydale

Special exhibitions, permanent collection, a relaxing café, museum shop and programs for all ages are among just some of the attractions for all age groups.

Yarra Ranges Film Society

☎ 0408 292 664

🌐 www.yarrarangesfilmsociety.org.au

📍 3409 Warburton Hwy, Warburton

To promote cinema as an art form in the Yarra Ranges area through regular screenings of quality films in local venues, as well as holding special events such as film festivals.

Yarra Valley Arts

☎ 5906 1149

🌐 <https://www.yava.org.au>

📍 252a Maroondah Hwy, Healesville

YAVA is a proud initiative of Yarra Valley Arts, the not for profit, volunteer-based organisation supporting local artists for over thirty years.

Social Connection

Gardening Groups

Ferny Creek Horticultural Society

📞 8719 6924

🌐 fchs.org.au

Healesville Community Garden

📞 0411 478 111

🌐 [facebook.com/](https://facebook.com/healesvillecommunitygarden)

[healesvilleCommunitygarden](https://healesvillecommunitygarden.org.au)

✉ healesvillecgc@gmail.com

📍 95 River St, Healesville

Healesville's Garden Gossip – Plant, Produce, and Info Swap

📞 9800 6497

🌐 events.yourlibrary.com.au

Permaculture Yarra Valley

📞 8719 6924

🌐 permacultureyarravalley.org

Steels Creek Garden Club

📞 9730 1960

🌐 screek.vic.au/communitygroups/garden-club

Upper Yarra Valley Gardening Club Inc

📞 5966 2828

🌐 upperyarravalleygardenclub.com

Wandin Garden Club Inc

📞 0407 856 821

🌐 facebook.com/wandingardenclubinc

Yarra Valley Bonsai Society

📞 0418 147 871

🌐 yarravalleybonsai.org.au

Yarra Valley Orchid Society

📞 0408 525 134

🌐 facebook.com/groups/946158115892025

Yarra Junction Planters

📞 9800 6462

🌐 events.yourlibrary.com.au



Music, Singing & Dancing

Dancesport Kingdom Lilydale

☎ 9739 6011

🌐 dancesportkingdom.com.au

Dandenong Ranges Music Council Inc

☎ 0424 910 282

🌐 drmc.org.au

Sing Australia! Tecoma Choir

☎ 0417 016 086

🌐 singaustralia.com.au

Sing Yarra Ranges

🌐 [https://www.facebook.com/
SingYarraRanges?locale=sw_KE](https://www.facebook.com/SingYarraRanges?locale=sw_KE)

Sweet Sassafras Community Choir

☎ 0407 057 798

🌐 [sites.google.com/site/
sweetsassafraspublicsite](http://sites.google.com/site/sweetsassafraspublicsite)

Yarra Valley Singers

☎ 0418 179 921

🌐 yarravalleysingers.com

Senior Citizen Clubs

Senior Citizens Clubs provide a welcoming place where people enjoy friendship and companionship with a varied and interesting program including meals, outings and activities.

Chirnside Park Senior Citizens Club

📍 33 Kimberley Drive, Chirnside Park

☎ 9725 5226

Circolo Pensionati Italiani Di Lilydale

📍 5 Hardy St, Lilydale

☎ 9736 9115 / 0414 659 277

Healesville Senior Citizens Club

📍 18 Green St, Healesville

☎ 5962 1550

Kilsyth Senior Citizens Club

📍 Japara House | 54-58 Durham Road Kilsyth

☎ 9728 3587

Lilydale Seniors Citizens Club

📍 7 Hardy St, Lilydale

☎ 9725 6371

Montrose Senior Citizens Centre

📍 Montrose Town Centre 2/935 Mount Dandenong Tourist Road, Montrose

☎ 0427 206 693

Mooroolbark Senior Citizens Club

📍 125a Brice Ave, Mooroolbark

☎ 0448 506 109

National Seniors Yarra Ranges

📍 Lilydale Lake Community Room, Lilydale Lake Road, Lilydale

☎ 0459 155 527

Wandin And District Senior Citizens Club

📍 401 Warburton Hwy, Wandin

☎ 9780 2100

Yarra Glen Senior Citizens Club

📍 45 Bell St, Yarra Glen

☎ 9726 9493

Yarra Junction Over 50's Friendship Group

📍 Yarraburn 1 Park Road, Yarra Junction

☎ 0400 515 755

Yarra Valley Over 50's Friendship Group

📍 Coldstream Community Centre Kelso St, Coldstream

☎ 0448 772 327

Country Women's Association (CWA)

The Country Women's Association is a vibrant, self-funded philanthropic organisation of women supporting women, children and families across Victoria. CWA's cook, craft and advocate for change.

To view club details and further information visit cwaofvic.org.au

Belgrave CWA

📞 0413 497 124

✉️ lisa@robson.ph

📍 1596 Burwood Hwy, Belgrave

Meets 2nd and 4th Wednesday of each month at 10:30 am.

Monbulk CWA

📞 0419 107 827

✉️ wemcolder@hotmail.com

📍 Monbulk RSL: 48 Main Road Monbulk

Meets 1st Tuesday of each month at 10.30am.

Monbulk Lady Night Hawks CWA

📞 0434 789 738 or 0414 387 332

✉️ angela.arnott45@gmail.com

📍 Wellington cottage - The HUB, 9-13 David

Hill Road (opposite Aldi), Monbulk

Meets 1st Monday of each Month at 7pm. A friendly group involved in various social activities.

Mooroolbark CWA

📞 0434 789 738 or 0414 387 332

✉️ angela.arnott45@gmail.com

📍 St Margaret's church: 207-219 Hull Rd, Mooroolbark

Meets 1st Monday each Month at 7pm.

Tarrawarra CWA

📞 0408 903 925

✉️ riddellvue@gmail.com

📍 13/15 High St, Healesville

Meet 1st Wednesday of month at 11:00 am at Healesville Community Hub on even months and Yarra Glen Living and Learning Centre on odd months.

Wanalloch CWA

📞 9756 6385

✉️ alisonbrain2@gmail.com

📍 220 Warburton Hwy, Wandin North

Wandin CWA

✉️ cwa.wandin.vic@gmail.com

📍 48 Hunter Road, Wandin North Meets last

Tuesday each month at 1.30pm and Wednesday from 10am-1pm.

Rotary

Australian Rotary Clubs are part of an international network of business, professional and community leaders who strive to make the world a better place through practical efforts. Through Rotary International, the reward of “paying it forward” unites men and women from different backgrounds, cultures, religious and political beliefs, allowing ordinary people to do extraordinary things.

For more information on Rotary, visit rotary.org

Belgrave Rotary

☎ 0409 251 569

🌐 belgraverotary.org.au

✉ info@belgraverotary.org.au

📍 Ferntree Gully Bowling Club, 2A Glenfern Rd, Ferntree Gully

Monbulk Rotary

☎ 0429 418 925

✉ rotarymonbulk@gmail.com

📍 Monbulk Living & Learning Centre Main St Monbulk

Lilydale Rotary

☎ 0423 55 88 33

🌐 rotarylilydale.org.au

✉ contact@rotarylilydale.org.au

📍 Chirnside Park Country Club, 68 Kingswood Drive, Chirnside Park

Healesville Rotary

☎ 5962 1190

🌐 rotaryhealesville.org

✉ president@rotaryhealesville.org

📍 326 Badger Creek Rd, Healesville

Wandin Rotary

☎ 0419 397 650

🌐 wandinrotary.org

📍 The Hub: 410 Clegg Road, Wandin North

Returned & Service League (RSL)

RSL aims to support the wellbeing of former and serving members of the ADF, and their Dependents. Providing welfare and commemorative services and, contribute to the worthy needs within the community.

Dandenong Ranges RSL

☎ 0484 126 226

✉ secretary@drsl.org.au

📍 1773 Mountain Highway, Sassafras

Healesville RSL

☎ 5962 5017

🌐 healesvillersl.com.au

✉ manager@healesvillersl.com.au

📍 275-279 Maroondah Hwy, Healesville

Lilydale RSL

☎ 9739 5680

🌐 lilydalersl.com.au

📍 52 Anderson St, Lilydale

Monbulk RSL

☎ 9752 1100

🌐 monbulkrsl.org.au

✉ monyrsl@iprimus.com.au

📍 48 Main Rd, Monbulk

Mt Evelyn RSL

☎ 9737 0767

🌐 moutevelynrsl.com

✉ mtevrsl@gmail.com

📍 49 Birmingham Rd, Mt Evelyn

Upwey RSL

☎ 9754 3665

🌐 upweybelgraversl.org.au

📍 1-3 Mast Gully Rd, Upwey

Upper Yarra RSL

☎ 5967 1771

🌐 upperyarrarsl.com.au

📍 119 Settlement Road, Yarra Junction

Warburton

☎ 5966 9874

🌐 warburtonrsl.org.au

✉ warburtonrsl@gmail.com

📍 3325 Warburton Highway, Warburton

Yarra Glen RSL

☎ 0418 992 998

🌐 yarraglen.com/RSL

✉ ed@yarraglen.com

📍 Yarra Glen Memorial Hall, 45 Bell St

Historical Societies, Museums & Sites

Lilydale & District Historical Society

☎ 0475 219 884

🌐 lilydalehistorical.com.au

✉ info@nelliemelbamuseum.com.au

📍 Old Lilydale Court House, 61 Castella Street
Lilydale

Maintain an extensive paper-based archive on people, places and events of the area, including Dame Nellie Melba and her family.

Meetings at 1pm on the first Saturday of each month.

Mont De Lancey Historic Homestead

☎ 5964 2088

🌐 montdelancey.org.au

📍 71 Wellington Rd, Wandin North

Historic homestead built in the 1880's by an early settler family, the Sebiere.

Yarra Valley Machinery Preservation Society uses this space to preserve and restore machinery.

Mt Dandenong & District Historical Society Inc

☎ 9728 1437

🌐 ddhs.com.au

✉ mtddhs@gmail.com

📍 Farndon's Community Hall, 42 Falls Rd,
Mt Dandenong

Collect, document, research, preserve and make available items that show the development of the Dandenongs and District from early settlement to present day.

Mt Evelyn History Group Inc

☎ 9736 2935

🌐 mt-evelyn.net/community/mount-Evelyn-history-group/

✉ mtevelynhistorygroup@gmail.com

📍 RSL Hall, Hardy House, 49 Birmingham
Road, Mt Evelyn

The collection, preservation, research, writing and publication of all aspects of history relating to Mt Evelyn.

Upper Yarra Valley Historical Society Inc

☎ 5967 2167

🌐 uyvhs.org.au

✉ uyvhs.info@gmail.com

📍 Old Railway Station 2415 Warburton Hwy,
Yarra Junction

Upwey/Belgrave RSL, Running Rabbits Military Museum

☎ 9754 3665

🌐 upweybelgraversl.org.au

✉ upweybelgraversl@gmail.com

📍 1 Mast Gully Rd, Upwey

Displays weaponry, documents and equipment from the Boer War through WWI and WWII to the current day.



Men's Sheds

Good health is based on many factors including feeling good about yourself, being productive, contributing to your community, connecting with friends and maintaining an active mind and body. Men's Shed provides a safe and busy environment where men can find many of these things in an atmosphere of old-fashioned mate-ship.

To view any of the Shed's listed below visit mensshed.org/sheds

Badger Creek And District Men's Shed Inc

☎ 0410 404 722

📍 360 Badger Creek Road, Badger Creek

Belgrave Men's Shed Inc

☎ 9754 7775 / 0405 229 481

📍 2/1A Reserve Road, Belgrave

Boorndawan Men's Shed

☎ 9212 0200

📍 289 Swansea Road, Lilydale

Upwey Men's Shed

☎ 0418 132 443

📍 Upwey Township Hall, 6 Mahony St, Upwey

Monbulk District Men's Shed Inc

☎ 5968 4101

📍 1a Moxham Road, Monbulk

Morrisons Men's Shed

☎ 9736 1977 or 0424 065 380

📍 20 Old Hereford Road, Mt Evelyn

Mooroolbark Men's Shed

☎ 0408 305 385

📍 285 Hull Road Mooroolbark

Upwey Men's Shed

☎ 0418 132 443

📍 Upwey Township Hall, 6 Mahony St, Upwey

Yarra Junction Bens Shed Inc

☎ 5967 1942

📍 2427 Warburton Highway, Yarra Junction

Yarra Glen & District Men's Shed

☎ 9730 2864

🌐 yarraglen.com/mensshed

📍 16 Anzac Ave, Yarra Glen

Probus

Probus is all about Friendship, Fellowship and Fun in retirement.

Probus provides you with the opportunity to join together for healthy minds and active bodies through social interaction and activities with retirees in your community. Hear from wonderful guest speakers, stay active by participating in a wide range of activities and explore your community, your country or the world.

For more information contact 1300 630 488 or probussouthpacific.org

Belgrave Probus Inc

📍 Upwey Tecoma C.R.A.S.H, Chosen Ave, Upwey

Chirnside Park

📍 33 Kimberley Drive, Chirnside Park

Montrose & District Probus Club

📍 Montrose Church of Christ, 6 Leith Road, Montrose

Healesville Probus Inc (M)

📍 St Brigid's Catholic Church Hall, 15 High Street, Healesville

Lilydale Probus Inc

📍 Lilydale Lake Community Room, 435 Swansea Road, Lilydale

Lilydale Ladies Probus Inc

📍 Lilydale Lake Community Room, 435 Swansea Road, Lilydale

Montrose & District Probus Club

☎ 0414 752 432

✉ rchancel@bigpond.net.au

📍 Montrose Church of Christ, 6 Leith Road, Montrose

Mooroolbark Probus Inc

📍 St Margaret's Uniting Church, 221 Hill Road, Mooroolbark

Olinda Combined Probus Inc

📍 Olinda Community House, 79 - 81 Olinda Monbulk Road, Olinda

Other Groups

Upwey Bridge Club

☎ 9754 8889 or 0408 531 146

🌐 <https://bridgevictoria.au/clubs/upwey-bridge-club/>

✉ terencemurdock@gmail.com

Improve your brain power by playing the world's most popular card game, enjoyed by all ages. Interesting challenges keep brains active. All are welcome at this very friendly club, with lessons available upon request.

Played Tuesday 10am and Wednesday 7pm.

OM:NI – Older Men, New Ideas

☎ 0447 026 382

✉ tony.gleeson@gmail.com

Meet 3rd Monday 9:30am - 12pm to chat about various topics and ideas.

Yarra Valley Bee Group

☎ 0490 663 980

🌐 <https://www.yarravalleybeegroup.org.au>

📍 711 old Warburton Rd, Wesburn

Support local beekeepers by facilitating, education, workshops, field trips and much more. Supporting the Yarra Valley Honey co-op to make local backyard honey for our community.

Inner Wheels

🌐 <https://innerwheelaustralia.org.au/?clubs=wandin>

✉ iiw.au.wandin@gmail.com

Meet 3rd Tuesday, 6:30pm

Sports & Recreation

Physical activities can be a fun way of keeping your mind and body active while connecting with people and places.

Many of the sports recreation facilities and clubs have adaptations to suit the needs of many people. If you are beginning or returning to a sport, you can comfortably join in the fun! We recommend calling the sport or recreation group that sparks your interest as they may have a recommendation on how to get started.

Parks, Reserves and Trails

There are many walking, cycling and recreation areas in the Yarra Ranges.

For information on parks, reserves and trails view the Interactive Maps at:

yarraranges.vic.gov.au/Experience/Parks-Recreation/Yarra-Ranges-Trails-Map

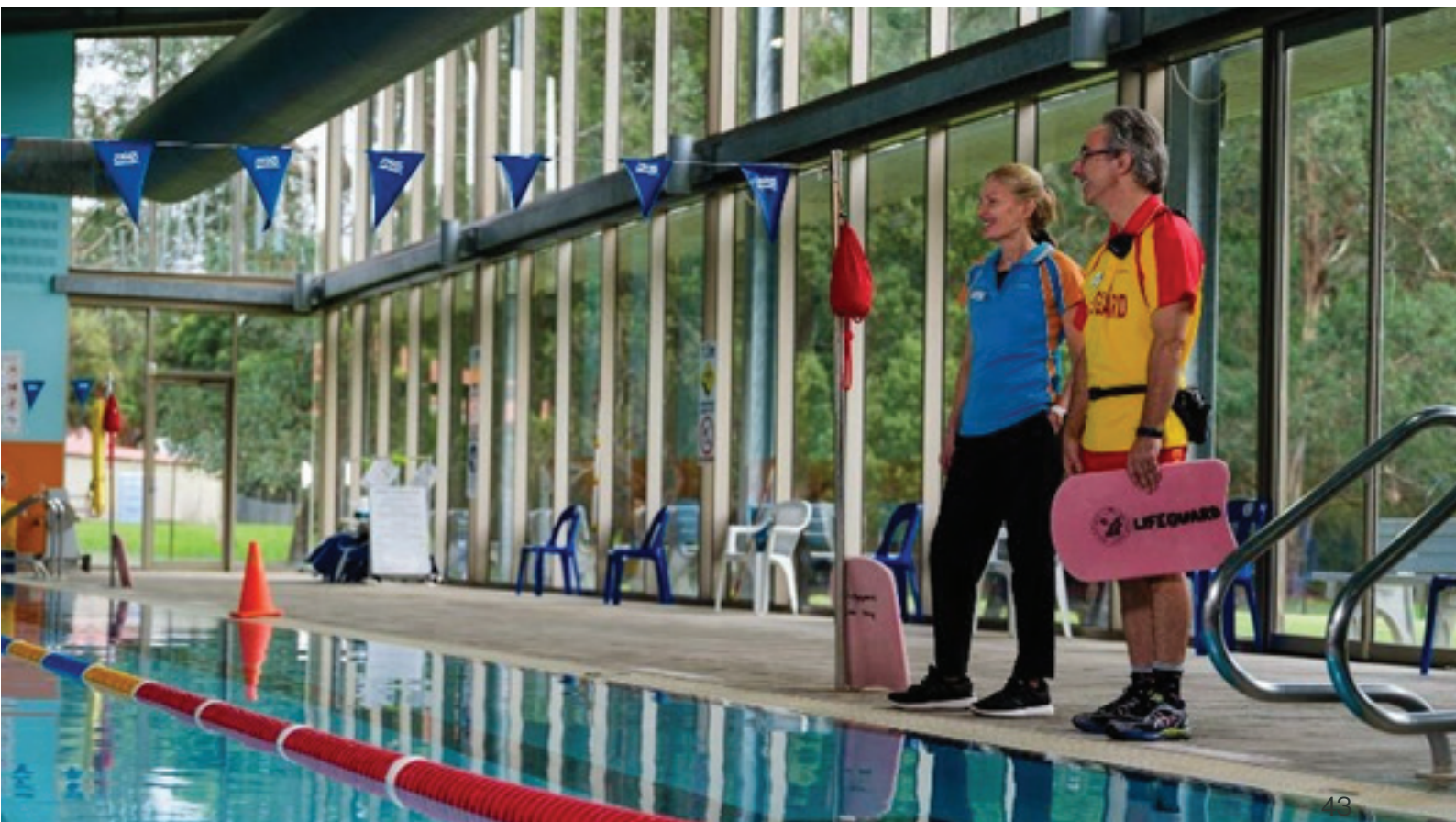
For a list of parks: **yarraranges.vic.gov.au/Experience/Parks-Recreation**

Or call Yarra Ranges Council on 1300 368 333.

Recreation And Leisure Centres

Each facility listed has a unique timetable, services, activities and varies in venue accessibility. We recommend calling to find out more information about various classes (both land and aqua) and venue opening times.

***Please be aware, all outdoor pools listed are open from November to March, with varying opening times. Please call or check website before you visit.**



Belgrave Outdoor Pool
9754 2743 69 Best Street, Belgrave belgravepool.com.au
33mt Outdoor Pool

Jack Hort Indoor Pool
5962 2709 10 Camerons Road, Healesville jackhortmcp.com.au
25mt Indoor Pool

Healesville Outdoor Pool
5962 2710 5/36 Don Road, Healesville healesvillepool.com.au
50mt Outdoor Pool

Olinda Outdoor Pool
9751 2232 79 – 81 Olinda Monbulk Road, Olinda olindapool.com.au
25mt Outdoor Pool

Lilydale Outdoor Pool
9735 0144 26 Market Street, Lilydale lilydalepool.com.au
50mt Outdoor Pool

The Yarra Centre
5967 1675 2451 Warburton Hwy, Yarra Junction yarracentre.com.au
25mt INDOOR POOL, GYM, TABLE TENNIS

Monbulk Aquatic Centre
9756 6227 26 Baynes Park Road, Monbulk monbulkaquatic.com.au
25mt INDOOR POOL, GYM

Archery

Yering District Archers

☎ 0418 514 234

🌐 yda.tidyhq.com

✉ committee@yeringdistrictarchers.org.au

📍 13 Mclyntyre Lane, Lilydale

A friendly group always excited to welcome new people and share their knowledge and skills for archery. Call or look at website for various events for all ages and abilities.

Yarra Valley Archery Park

☎ 5967 3323

🌐 <https://yvap.com.au/>

✉ committee@yeringdistrictarchers.org.au

📍 2085 Don Road, Launching Place

Indoor and Outdoor Archery range, Equipment sales and repairs, come and try sessions, beginners' lessons, 1v1 coaching, Corporate Archery Plus more!

Australian Rules Football

Options for modified game (Senior X/AFL 9s/ Veterans). General AFL competition for all ages and skills.

Monbulk:

☎ 0429 428 537

🌐 monbulkfnc.com.au

Upwey-Tecoma:

✉ utfnc@bigpond.com

🌐 facebook.com/UTFNC

Kilsyth:

☎ 0412 737 211

🌐 kilsythfootballclub.com.au

Mt Evelyn:

☎ 0403 211 251

✉ secretarymefnc@outlook.com

🌐 facebook.com/mountevelynfnc

Badminton

Mountain District Badminton Association

📞 0429 820 000

🌐 insports.com.au/mdba

📍 Kilsyth Sports Centre,
115 Liverpool Road, Kilsyth

Different competitions available for all skills and abilities. All are welcome.

The Yarra Centre

🌐 yarracentre.com.au

📍 The Yarra Centre, 5967 1675
2435 Warburton Hwy, Yarra Junction

If you just enjoy a casual hit of the shuttlecock you can come on down to the Yarra Centre where we can supply you with the court and the nets for you to enjoy, at a casual price.

Wandin East Badminton Club

📞 0438 644 572

📍 Wandin Reserve,
Monbulk/Seville Road, Wandin East

Chair Pilates

Mountain Pilates

📞 0411 477 850

🌐 mountainpilates.net.au

✉️ mountainpilatesmonbulk@gmail.com

📍 Monbulk Living and Learning Centre

Monday 10.30 -11.15am

📍 Tecoma Uniting Church

Tuesday 12.30-1.15pm

📍 Cockatoo Seniors Hall

Fridays 10-10.45am

Don't let age be a barrier to staying fit and healthy. Join us for our senior's chair Pilates classes and discover the amazing benefits to your strength, mobility, balance and health.

Cricket

Ferntree Gully & District Cricket Association

📞 9752 4009

🌐 ftgdca.com.au

Veteran cricket competition with modified rules. Covers Belgrave, Monbulk and Upwey areas. Lilydale, Kilsyth, Montrose, Mooroolbark, Mt Evelyn and Chirnside Park areas.

Ringwood District Cricket Association

📞 9876 7206 or 0412 350 986

📍 Covers: Chirnside Park, Kilsyth, Montrose, Mooroolbark, Mt Evelyn, Seville and Wandin areas.

Cycling

For trail information call 1300 368 333 or for an interactive map (trail, café, toilet stops) visit:

🌐 yarraranges.vic.gov.au/Experience/Ride-Yarra-Ranges

There are many safe cycling areas in the Yarra Ranges including the Lilydale to Warburton Rail Trail.

Many cycling clubs specific for BMX, Mountain Bike (MTB), female groups and recreational exist and ride in and around Yarra Ranges.

Auscycling and Ride Nation

📞 1300 137 397

🌐 auscycling.org.au

🌐 ridenation.com.au

Knox Bike Club

📞 0403 942 788

Friendly group for urban touring meets on Sunday mornings.

Yarra Ranges Mountain Bikers

🌐 <http://www.yrmtb.com.au>

✉ info@yrmtb.com.au

Lawn Bowls Clubs

Chirnside Park Bowls Club

📞 9727 2734

🌐 chirnsideparkcc.bowls.com.au

📍 68 Kingswood Drive, Chirnside Park

Eastwood Bowling

📞 9728 2944

🌐 eastwoodgolf.com.au

📍 Liverpool Road, Kilsyth

Healesville Bowling Club

📞 5962 4984

🌐 healesvillebowlsclub.bowls.com.au

📍 85 River Street, Healesville

Lilydale Bowling Club

📞 9735 1317

🌐 lilydale.bowls.com.au

📍 5 Hardy Street, Lilydale

Mooroolbark Bowls Club

📞 9725 3131

🌐 mooroolbark.bowls.com.au

📍 170 Hull Road, Mooroolbark

Monbulk Bowling Club

📞 9756 6183

🌐 monbulkbowls.org

📍 11 Moores Road, Monbulk

Upwey-Tecoma Bowls Club

📞 9754 3144

🌐 facebook.com/upweybc

📍 21-41 Alexander Ave, Upwey

Warburton Bowls Club

📞 5966 2391

🌐 warburtonbowls.bowls.com.au

📍 Warburton Recreation Reserve

Yarra Glen Bowls Club

📞 9730 1718

🌐 yarraglen.bowls.com.au

📍 18 Anzac Avenue, Yarra Glen

Yarra Junction Bowls Club

📞 5967 3103

🌐 yarrajunctionbowlingclub.org.au

📍 Recreation Reserve, 2451 Warburton Highway, Yarra Junction

Four Wheel Drive Clubs

Yarra Valley 4x4 Club

☎ 9752 4009

🌐 <https://www.4wdvictoria.org.au/yarravalley/>

✉ Presidentyv4x4@gmail.com

We have a wide variety of trips , ranging from easy to hard, going out throughout the year. You might like to enjoy a relaxing drive through Victoria's High Country or maybe you would rather spend a weekend ploughing through mud and winching up hills.

Dandenong Ranges Four Wheel Drive

☎ 9752 4009

🌐 <http://www.drfdc.org.au>

✉ info@drfdc.org.au

We are a diverse group from all walks of life, ranging from singles to young families to those who no longer talk about their age. We cover a wide range of interests in four-wheel driving. Some of us have a focus in competition. Most in touring on day drives, weekends away, and on extended trips in Victoria and interstate.



Golf

Eastwood Golf Club & Bowling

☎ 9728 2944

🌐 eastwoodgolf.com.au

📍 Liverpool Road, Kilsyth

Gardiners Run Golf Course

☎ 9739 7522

🌐 gardinersrun.com.au

📍 130 – 132 Victoria Road, Lilydale

All ages, all abilities, lessons and clinics and café.

Heritage Golf And Country Club

☎ 9760 3200

🌐 heritagegolfclub.com.au

📍 21 Heritage Ave, Chirnside Park

Maroondah Golf Park

☎ 9727 3082

🌐 adventuregolf.com.au

📍 363 Maroondah Highway, Chirnside Park

RACV Healesville Country Club & Resort

☎ 5962 4899

🌐 racv.com.au/travel-leisure/racvclub/healesville

📍 122 Healesville-Kinglake Road, Healesville

The Eastern Golf Club

☎ 9739 0110

🌐 easterngolfclub.com.au

📍 215 Victoria Road, Yering

Lawn bowls club located within, for those wanting fun or a competition.

Warburton Golf Club

☎ 5966 2306

🌐 warburtongolf.com.au

📍 17 Dammans Road, Warburton

Yering Meadow Golf Club

☎ 9738 9000

🌐 yeringmeadows.com.au

📍 178 – 180 Victoria Road, Yering

Golf restaurant and events.

Soccer

Healesville Soccer Club

☎ 0411 114 564

🌐 www.healesvillesoccerclub.com.au

Lilydale Montrose United Soccer Club

☎ 0403 112 163

🌐 www.lilydalemontrose.football/home

Yarra Valley Soccer Club

☎ 0401 525 324

🌐 yarravalleysoccer.org.au



Tennis Clubs

Your local tennis club offers a variety of playing options. From court hire, cardio tennis, ladies, men's and mixed, day and night tennis.

To view more information about your local club visit play.tennis.com.au and search your location.

Belgrave Tennis Club

☎ 0433 986 918

🌐 play.tennis.com.au/belgravetennisclub

📍 Benson Street, Belgrave

Belgrave Heights

☎ 0419 553 009

🌐 play.tennis.com.au/belgraveheightstennisclub

📍 Colby Drive, Belgrave Heights

Coldstream Tennis Club

🌐 facebook.com/ColdstreamTC

📍 Halley Supple Reserve, South Gateway, Coldstream

Healesville Tennis Club

☎ 5962 3639

🌐 healesvilletc.org.au

📍 Queens Park Reserve, Don Road, Healesville

Lilydale Tennis Club

🌐 play.tennis.com.au/lilydaletennisclub

📍 Eyrefield Park, Lilydale

Mooroolbark Heights

☎ 9723 7778

🌐 mooroolbarkheightstennis.com.au

📍 Kiloran Park, Hawthory Road, Kilsyth

Monbulk Tennis Club

☎ 9752 0439

🌐 play.tennis.com.au/monbulktennisclub

📍 Monbulk Sporting Precinct, Moores Road, Monbulk

Mount Evelyn Tennis Club

☎ 0474 650 583

🌐 play.tennis.com.au/MountEvelynTennisClub

📍 Birmingham Road, Mount Evelyn

Seville Tennis Club

☎ 5964 4588 or 0447 544 287

🌐 play.tennis.com.au/sevilletennisclub

📍 Monbulk – Seville Road, Seville

Steels Creek Tennis Club

☎ 0430 243 442

🌐 steelscreek.vic.au/community-groups/tennis-club/

📍 817 Steels Creek Road, Steels Creek

Upwey South Tennis Club

☎ 9759 6475 or 0430 550 305

🌐 ustc.org.au

📍 Recreation Reserve, Corner Elera & Brookside Street, Upwey

Upwey-Tecoma Tennis Club

☎ 9754 6046 or 9754 7439

🌐 play.tennis.com.au/upweytecomatennisclub

📍 Alexander Ave, Upwey

Warburton Tennis Club

☎ 0427 253 333 or 0421 996 069

🌐 play.tennis.com.au/warburtontennisclub/

📍 3365 Warburton Hwy, Warburton

Yarra Glen Tennis Club

☎ 0417 528 704

🌐 play.tennis.com.au/warburtontennisclub/

📍 14 Anzac Ave, Yarra Glen

Yellingbo Tennis Club

☎ 5964 8238

🌐 play.tennis.com.au/yellingbotennisclub

📍 Tudor Court Road, Yellingbo



Table Tennis

Croydon & District Table Tennis Association Inc

📞 9728 4733

🌐 revolutionise.com.au/croydondtta

📍 Kilsyth Sports Centre,
115 Liverpool Road, Kilsyth

Social competition for all ages and abilities.

Keen-Agers Table Tennis

📞 5966 9772

🌐 yarracentre.com.au

✉ egonfink@gmail.com

📍 The Yarra Centre, 5967 1675
2435 Warburton Hwy, Yarra Junction

Keen-Agers have fun playing doubles table tennis in a recreational, social, noncompetition environment.

Monbulk Table Tennis

📞 9752 1213 or 0407 318 956

📍 Monbulk Hub, 21 Main Street, Monbulk

Gold coin donation.

Walking

Step and Connect Women's Social Groups

📞 9738 8812

✉ megan.mcinerney@accesshc.org.au

🌐 inspiro.org.au/services/community/health-promotion/step-and-connect

Free social walking groups for women. In partnership with local Yarra Ranges Community Houses and aligning with Heart Foundation Walking

Dandenong Ranges Orienteering Club

📞 9878 9168 or 0409 135 020

🌐 drocorienteering.com.au

Street and Park based orienteering events for all ages and abilities. No equipment needed; instruction available for beginners.

Melbourne Bush Walkers

📞 0447 489 661

🌐 mbw.org.au

Regular walks at locations around Victoria including the Yarra Ranges.

Parkrun

🌐 <https://www.parkrun.com.au/>

Parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. Parkrun is located in many different locations across Australia including Healesville and Lilydale.

Parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last. Everyone is welcome to come along.

Yarra Valley Orienteering Club

📞 9457 1836

🌐 yvoc.com.au/about-yarra-valley-orienteering-club/

Yarra Valley club has members interested in bush orienteering (both foot and mountain bike), as well as urban orienteering (park & street O and sprint events).

Water Sport

Lilydale Sailing Club

📞 0456 033 949

🌐 lilydalesailingclub.com.au

✉️ lilydalesailingclub@yahoo.com

📍 Lilydale Lake, Lilydale

A fun outdoor experience for people of all abilities. Call or email to book your spot. Programs generally run from September to May.

Upwey Fishing Club

📞 9754 7857

🌐 <http://www.upweyfish.com.au>

✉️ upwey anglers@hotmail.com

The Upwey fishing club welcomes anyone who would like to learn about fishing or even increase their fishing skills.

Paddle Hub – Kayaking

📞 9020 2750

🌐 paddlehub.paddle.org.au

📍 Lilydale Lake, Lilydale

Enjoy a fun paddle in local and accessible lakes within Victoria. We recommend looking at the website or calling the phone number for more information and to confirm event dates, times, and bookings.

Upper Yarra Angling Club

🌐 <https://upperyarra.wixsite.com/anglingclub>

✉️ upperyarraanglingclub@gmail.com

The Upper Yarra Angling Club is a family friendly fishing club in Powelltown.

Other Sporting Clubs

Croquet Club Lilydale

📞 9725 6541 or 0488 514 540

🌐 croquetvic.asn.au

📍 Melba Park, Market Street Lilydale

Join in the Golf Croquet fun, sessions run at specific times unless otherwise hired.

Lilydale Squash Club

📞 9735 0098

🌐 lilydalesquash.com.au

✉ lilydaleclub@gmail.com

📍 456 Swansea Road, Lilydale

Futsal

📞 0450 752 641

🌐 facebook.com/profutsalmtevelyn

✉ mtevelyn@profutsal.com.au

📍 19-23 Hereford Road, Mount Evelyn

Join in with a great group of people all continuing to develop skills and have fun!

Kilsyth & Mountain District Basketball Association

📞 9728 1033

🌐 kilsythbasketball.com.au

📍 Kilsyth Sports Centre, 115 Liverpool Road, Kilsyth

Opportunities are available for all skills and abilities, Daytime Ladies and Senior Domestic competitions.

Lilydale Judo Club

📞 0413 659 947

🌐 lilydalejudo.com

📍 20 Market Street, Lilydale

Classes available for all ages and abilities.

Melbourne Gun Club

📞 9739 1771

🌐 melbournegunclub.com

📍 192 Victoria Road, Yering

Active in clay target competition shooting. Regular practice and training take place on a Saturday morning and Wednesday afternoon.

We are a diverse group from all walks of life, ranging from singles to young families to those who no longer talk about their age. We cover a wide range of interests in four-wheel driving. Some of us have a focus in competition. Most in touring on day drives, weekends away, and on extended trips in Victoria and interstate.

Ageless Grace

🌐 agelessgrace.com

Timeless fitness for the body and brain. Strength, mobility, music, cognitive and physical fitness.

Neighbour House – Various Exercise Opportunities

🌐 yarraranges.vic.gov.au/Experience/Neighbourhood-houses



PO Box 140, Lilydale VIC 3140
1300 368 333
yarraranges.vic.gov.au
mail@yarraranges.vic.gov.au

Any suggestions or additions for future editions of this booklet, please contact the Healthy Active Ageing Officers via **seniors@yarraranges.vic.gov.au** or **1300 368 333**